

Year	Autumn 1		Autumn 2		Spring 1		Spring 2		Summer 1		Summer 2	
Foundation	Locomotion: Walking	Locomotion: Jumping	Ball Skills: Hands 1	Ball Skills: Feet 1	Gymnastics: High, Low, Over, Under		Dance Ourselves	Swimming	Ball Skills Hands 2	Gymnastics: Moving	Games for Understanding	
Year 1 / 2 A	Locomotion: Year 1 Running	Ball Skills: Year 1 Hands 1	Locomotion: Year 2 Dodging	Gymnastics: Year 1 Wild, Narrowed, Curled	Ball Skills: Year 1 Feet 1	Dance: Growing	Ball Skills: Year 2 Hands 1	Swimming	Ball Skills: Year 2 Feet 1	Games for Understanding Year 1	Gymnastics: Year 2 Linking	Games for Understanding Year 2
Year 1 / 2 B	Locomotion: Year 1 Jumping	Gymnastics: Year 1 Body Parts	Locomotion: Year 2 Jumping	Gymnastics: Year 2 Pathways	Ball Skills: Year 1 Hands 2	Dance: Water	Ball Skills: Year 2 Hands 2	Swimming	Team Building: Year 1	Rackets, Bats and Balls Year 1	Team Building: Year 2	Rackets, Bats and Balls Year 2
Year 3 / 4 A	Invasion: Dodgeball Year 3	Gymnastics Symmetry & Asymmetry	Invasion: Dodgeball Year 4	Gymnastics: Bridges	Invasion: Football Year 3	Dance Wild Animals	Invasion: Football Year 4	Swimming	Striking & Fielding Cricket Year 3	Athletics Explore running and speed Year 3	Striking & Fielding Cricket Year 4	Athletics Develop running and speed Year 4
Year 3 / 4 B	Invasion: Netball Year 3	Communication and tactics Year 3	Invasion: Netball Year 3	Problem Solving Year 4	Invasion: Tag Rugby Year 3	Dance: Cats	Invasion: Tag Rugby Year 4	Swimming	Net / Wall Tennis Year 3	Athletics Throwing and jumping Year 3	Net / Wall Tennis Year 4	Athletics Throwing and jumping Year 4

Sithney CP School PE Curriculum Map

Year 5 / 6 A	Invasion: Handball Year 5	Gymnastics: Counter Balance and Counter Tension Year 5	Invasion: Handball Year 6	Gymnastics: Matching & Mirroring Year 6	Invasion: Basketball Year 5	Swimming	Dance: The Circus	Invasion: Basketball Year 6	Striking & Fielding Rounders Year 5	Net / Wall Badminton Year 5	Striking & Fielding Rounders Year 6	Net / Wall Badminton Year 6
Year 5 / 6 B	Invasion: Netball Year 5	Health Related Exercise Year 5	Invasion: Netball Year 6	Dance: Carnival	Invasion: Hockey Year 5	Swimming	Invasion: Hockey Year 5	Health Related Exercise Year 6	Athletics Competition Year 5	Net / Wall Tennis Year 5	Athletics Competition Year 6	Net / Wall Tennis Year 6