

SITHNEY PRIMARY SCHOOL

Relationship and Sex Education (RSE) Policy

January 2023



Related Policies

This policy should be read in conjunction with the following policies:

Safeguarding and Child Protection Policy

PSHE policy

Teaching and Learning Policy

Pupil Health and Wellbeing Policy

Introduction and Legal Requirements

From 2020, it is a legal requirement for all primary to teach relationships education and secondary school to teach relationships and sex education. For primary schools that want to teach sex education, content will be in addition to that covered in the science curriculum.

RSE is a planned programme of learning about the emotional, social, legal and physical aspects of growing up, relationships, sex, gender identity, human sexuality and sexual health that provides children and young people with:

- the essential skills for building positive, enjoyable, respectful, equal and non-exploitative friendships and relationships, for managing risk and for staying safe.
- the opportunities to explore attitudes and values within a safe and inclusive learning environment that values every person and acknowledges different faith, cultural and personal perspectives on relationships and sex.

RSE education offers our pupils significant opportunities to develop the knowledge, skills and understanding they need to achieve, to be resilient and to lead lives that are safe, confident, happy, healthy, responsible and independent. It aims to help them to understand how they are developing personally, socially and emotionally and explore a range of attitudes and values.

Equality of Opportunity

Educational settings have a clear duty to ensure that teaching is accessible to all children and young people and that all make progress in their learning. Inclusive RSE will foster good relations between all pupils and students, and tackle all types of

prejudice, promote understanding and respect, thus enabling schools to meet the requirements, and live up to the intended spirit of the Equality Act 2010.

All children are entitled to RSE and PSHE lessons. Our schools will promote mutual respect and equality within the three core strands (Health and Wellbeing, Relationships and Living in the Wider World) of our PSHE provision.

Working With Parents and Carers

Our school shares responsibility with parents and carers in the children's learning about relationships and sex. We are confident that good communication and sharing our philosophy, aims and purpose will enable parents/carers to support our RSE programme. Our school co-ordinators, Rosie Nisbet/Emma Sumpter, are responsible for informing parents and carers of the content of the RSE programme. It should be noted that a parent and/or carer has the right to withdraw their child from sex education, except to the extent that the subject is covered in a science lesson that forms part of the national curriculum.

At Sithney School it's important we take into account parent views when developing our policy on Relationships Education. Parents are asked to express their opinions and have helped to develop how we cover the content of the statutory guidance.

Curriculum Design

At Sithney School we will be following the Brook programme of study to ensure all children experience appropriate learning for their age range.

Monitoring, reporting and evaluation

Teachers will critically reflect on their work in delivering RSE through pupil voice and assessing outcomes of lessons. This will inform future planning to address pupil needs.

Confidentiality

Confidentiality is an important consideration and the boundaries of confidentiality will be made clear to pupils. Teachers cannot and should not promise total confidentiality. If a child discloses information which is sensitive, teachers need to be conscious of fulfilling their professional responsibilities in relation to child protection.

Implementation

Implementation of the policy is the responsibility of the Head teacher and governors and will be reviewed every three years.

Date of policy: Jan 23

Date of next review: Jan 2026