

Sithney CP School, Crowtown, Helston, Cornwall, TR13 0AE Phone: 01326 572910

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Over the course of half term, the Trust will be moving Management Information Systems, from the current SIMS system, to Arbor. Whilst we hope this will be a relatively seamless transition, there will invariably be some teething problems for a short time after half term and we ask that you bear with us during these initial few weeks. Many thanks

School Christmas Production

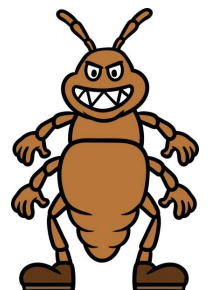
The school Christmas production will be Monday 16th December at the Lite and Life centre in Helston. We will let you times and further details in the near future.



Can we please ask that children are dropped off outside the classroom in order to make the transition from home to school easier.

We have some reported cases of nits in school. Could we please ask parents / carers to be vigilant and to treat as appropriate if found. A link to the NHS website on how to treat and further information can be found here:

[Head lice and nits - NHS](#)



Garden Club Potatoes

Gardening club harvested the potatoes on Monday and each member of the club took a potato home to eat.



Diary Dates 2024 / 2025

Monday 28th October to Friday 1st November 2024—Half Term
Sunday 10th November—Remembrance Sunday 6pm at Sithney Church
Sunday 1st December—Advent Carol Service 6pm at Sithney Church
Tuesday 19th November—Wonderzone Musical Performance at 2.45pm
Monday 9th December—Childrens Carol Service 2pm –3pm Sithney Church
Monday 16th December—Christmas Play (TBC)
Monday 23rd December to 6th January 2025—Christmas Holidays
Monday 17th February to Friday 21st February 2025—Half Term
Monday 24th February 2025—INSET Day
Monday 7th April to Thursday 17th April 2025 Easter Holidays
Friday 18th April 2025—Good Friday
Monday 21st April 2025—Easter Monday
Monday 5th May 2025 —May Bank Holiday
Thursday 8th May 2025—INSET Day
Monday 26th 2025 May—Spring Bank Holiday
Tuesday 27th to Friday 30th May—Half Term
Monday 2nd June 2025—INSET Day
Monday 16th June—Sustainability week will commence
Wednesday 23rd July 2025 INSET Day
Thursday 24th July 2025—Summer Holidays



For all parents who use wraparound care, as we approach the half term, could you please ensure you review your Parent Pay account and address any outstanding/historical balances. Thank you

FOSS have organised another Bag2School collection for Tuesday 5th November. Bags 2 School bags and information leaflets were sent home on Thursday.



Attendance—Week Ending 20th September 2024

Busy Zone	99.13%
Wonder Zone	88.89%
Smart Zone	100%
Study Zone	95.96%

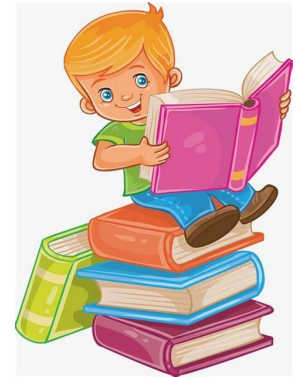
Whole School Attendance 95.14%

(**School Attendance Target: 97%)



Reading Roll of Honour

Teddie			
Noah	Lowen	Billie-Jean	Max
Arthur	Oscar	Emmeliah	Ruby
Ronan	Harvey	Evie	Clay
Essie	Wynter	Penny	Jemima
			Persephone



Word of the Week

Wonder Zone: **Serenade:**

Special song or piece of music that someone plays or sings for another person

Smart Zone **Bamboozle**

Cheat or fool. The year 5 pupil bamboozled the school with her magic tricks during the talent show.

Study Zone: **Ineluctable**

(adjective: inescapable; impossible to avoid)

From the moment he was born, the prophecies showed that his destiny was ineluctable.





WELL DONE

TEAM	13.09.24	20.09.24	27.09.24	4.10.24	11.10.24	18.10.24	25.10.24
Killigrew	★	★	★	★	★	★	
Trevithick							
Bassett							★

A shout out for gaining their 3 progressions this week goes to:

Ethan Noah Tuva
 Arthus Ruben Teddie
 Charlie Oscar Grace
 Elsie Millie

Support Act—Penny



MATHS WHIZZ

Study Zone Learning Time	Smart Zone Learning Time	Wonder Zone Learning Time
Jemima	Jamison	Tuva
Rosie	Isobella	Grace
Evalyn	Bodhi	Oscar

Study Zone Gems	Smart Zone Gems	Wonder Zone Gems
Jemima	Jamison	Noah
Persephone	Bodhi	Oscar
Thomas	Wynter	Tuva

HALL OF FAME

Billie-Jean Finley Penny Elsie
 Bodhi Harvey Wynter Millie
 Elizabeth Isobella Noah
 Emmelia Jamison Oscar
 Evie Ned

WEEK 3

W/C: 18/11, 09/12, 20/01, 10/02, 03/03, 24/03

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT MAINS	Macaroni Cheese	Pork Sausages Served with Mashed Potato and Gravy	Roast Beef Served with Roast Potatoes and Gravy	Chicken and Vegetable Korma Served with Wholegrain Rice	Fish Fingers Served with Chips
JACKET POTATO	BBQ Quorn Fillet Served with Wholegrain Rice	Quorn Sausages Served with Mashed Potato and Gravy	Roasted Vegetable and Cranberry Slice Served with Roast Potatoes and Gravy	Tomato and Sweetcorn Pasta	Cheese and Sweetcorn Omelette Served with Chips
JACKET POTATO	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings
Tomato Pasta Fresh, homemade tomato sauce with penne pasta					
All main meals are served with two vegetables					
DESSERT	Chocolate Beet Brownie with Orange Slices	Bread and Butter Pudding with Custard	Sicilian Lemon Cookie with Fruit	Jam and Coconut Sponge with Custard	Vanilla Ice Cream

PACKED LUNCH

Ham and Cheese sandwich available daily with veg sticks and fresh fruit or dessert of the day

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.

THREE WEEK MENU

AUTUMN/WINTER 2024

Our new menu chosen by parents and children – Your favourites available every day



Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.

Chartwells
Schools

WEEK 1

W/C: 04/11, 25/11, 16/12, 06/01, 27/01, 10/03, 31/03

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT MAINS	Macaroni Cheese	Classic Beef Burger Served with Potato Wedges	Roast Gammon Served with Roast Potatoes and Gravy	BBQ Chicken Pizza Served with Pesto Pasta	Fish Fingers Served with Chips
JACKET POTATO	Cheesy Bean Burrito	Quorn Burger Served with Potato Wedges	Roast Quorn Served with Roast Potatoes and Gravy	Meatless Feast Cheesy Pizza Served with Pesto Pasta	Veggie Fingers Served with Chips
JACKET POTATO	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings including Salmon Mayonnaise	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings
Tomato Pasta Fresh, homemade tomato sauce with penne pasta					
All main meals are served with two vegetables					
DESSERT	Flapjack with Fruit	Apple Crumble with Custard	Rice Pudding with Jam or Chocolate Spread	Raspberry Jelly	Chocolate Brownie

PACKED LUNCH

Ham and Cheese sandwich available daily with veg sticks and fresh fruit or dessert of the day

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.

WEEK 2

W/C: 11/11, 02/12, 13/01, 03/02, 24/02, 17/03

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT MAINS	Veggie Supreme Pizza Served with Pesto Pasta	Beef Bolognese Served with Wholewheat Pasta	Roast Chicken Served with Roast Potatoes and Gravy	Chicken and Vegetable Pie Served with Mashed Potato and Gravy	Crispy Chicken Burger Served with Chips
JACKET POTATO	Vegetable Fajita Served with Wholegrain Rice	Chinese Vegetable Noodles	Winter Vegetable Hotpot Served with Gravy	Macaroni Cheese	Quorn Dippers Served with Chips
JACKET POTATO	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings
Tomato Pasta Fresh, homemade tomato sauce with penne pasta					
All main meals are served with two vegetables					
DESSERT	Apple and Cinnamon Sponge with Custard	Crunchy Chocolate Mousse	Fruits of the Forest Jelly	Orange Glazed Sticky Sponge Pudding with Custard	Chocolate Cookie

AVAILABLE EVERY DAY

Water, salad, freshly baked bread, yoghurt & fresh fruit

🌿 Vegetarian
🐟 Oily Fish
🌾 Wholegrain
🍌 Fruity!
👩 Nutritionist's Choice






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Monday 28 & Wednesday 30 October | 11:00 – 12:00 & 13:00 – 14:00

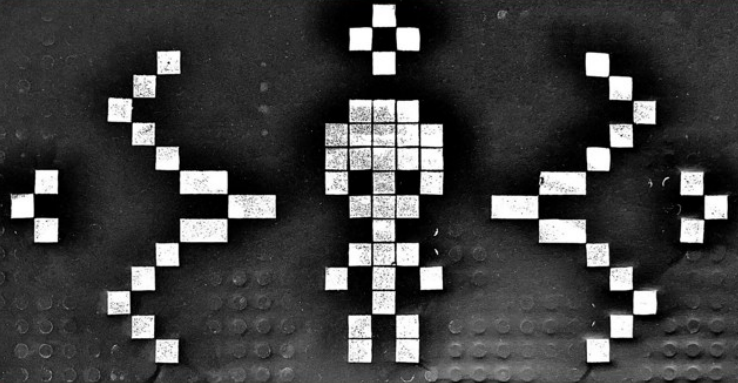
Bring stories to life using light and dark with our shadow puppet workshop.
Suitable for all ages. Join us as part of your museum visit.
Find us in the 'Airymouse' exhibition in The Tunnels.

Free with Museum Admission

Visit www.pkporthcurno.com for further information, to plan your visit and more.
PKPorthcurno.com | PK Porthcurno, Eastern House, Penzance, Cornwall, TR19 6JX | PKPorthcurno     

PLANET PK CHAMPIONS
LOOKING FOR E.T.







SAT 26 OCTOBER | CLORE LEARNING SPACE | 10:30 - 12:00



Join us for an exciting session where we delve into the mysteries of interstellar communication and explore the potential for life beyond Earth.

Planet PK Champion is our free, regular environmental club for families.
Meet in the Clore Learning Space, PK Porthcurno.
Free parking in our carpark for all attendees.

Visit www.pkporthcurno.com/planetpk for further information about Planet PK Champions.

 PKPorthcurno.com | PK Porthcurno, Eastern House, Penzance, Cornwall, TR19 6JX | PKPorthcurno     

JOIN US FOR A CORNISH HALLOWEEN

ALLANTIDE!

31ST OCT 10AM-4PM

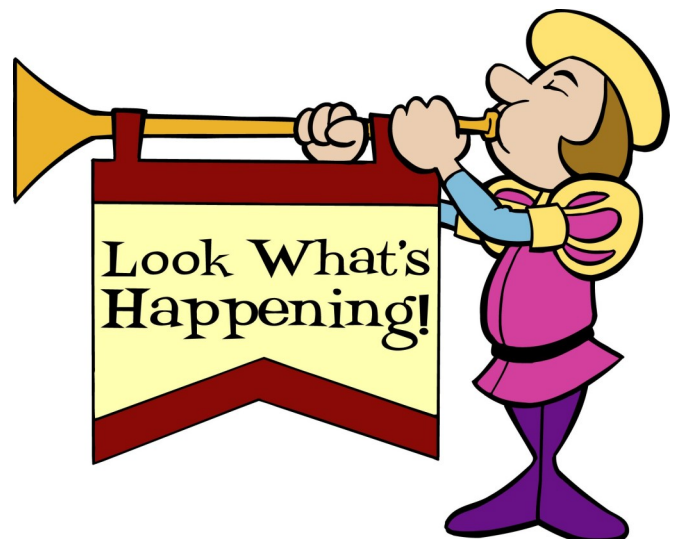
- Site Entry **FREE**
- Tulip Planting **FREE**
- Tree Planting **FREE**
- Badge Making **£1**
- Pumpkin Trail **FREE**
- Allantide Apples **£1**



Join us for a fun-filled day of nature and Cornish heritage as we explore the seasonal change through the traditions of Allantide. We invite you to bring a picnic to enjoy in our open and sheltered spaces. Hot drinks and snacks will be available from our new site shop.

KEHELLAND TRUST
TR14 ODD
01209 613153

Well behaved
dogs on
leads
welcome



Monday
25th Nov
19:00 - 20:00
FREE



FREE SESSION

Decreasing Depression

A range of steps that can help to reduce the crippling impact of depression.

Thursday
7th Nov
19:00 - 21:00
£24



Supporting a Child with ADHD

Challenging the stereotypes and giving practical interventions. Clear explanation of the condition in all its forms and extremely useful advice.

Tuesday
12th Nov
19:00 - 21:00
£24



Anxiety-Based School Avoidance

Understanding and supporting children who are anxious about school. Steps you can take to help them back into the classroom.

Monday
18th Nov
19:00 - 21:00
£24



Understanding Anger: Yours and Theirs!

What is anger? Why do we have it? How do we manage it in ourselves and in our children?

Thursday
21st Nov
19:00 - 21:00
£24



Supporting Healthy Screen Use

Clarifying the difference between healthy screen use and unhealthy screen use. Addressing concerns about blue light and sedentary behaviour.

facefamilyadvice.co.uk

info@facefamilyadvice.co.uk

OCT/NOV TIMETABLE

Talks are delivered online via zoom 7pm to 9pm £24 each
Book online at facefamilyadvice.co.uk

FREE SESSIONS	
Introduction to Facing Defiance Decreasing Depression	24 OCT 25 NOV
Anxiety Explained	17 OCT
Understanding Anger	21 OCT
Autism: Improving Communication	28 OCT
Introduction to OCD	29 OCT
Improving Family Communication	4 NOV
Anxiety-Based School Avoidance	12 NOV
Anxiety Explained	14 NOV
Understanding Anger	18 NOV
Drug Awareness for Parents	19 NOV
Supporting Healthy Screen Use	21 NOV
What is ACT?	26 NOV
Understanding Addictive Behaviour	28 NOV
Understanding the Teenage Brain	2 DEC

facefamilyadvice.co.uk

info@facefamilyadvice.co.uk

**you scan,
we donate
££s TO
SCHOOLS.**



ASDA

Rewards Cashpot for school

So far we have raised £84

Asda Rewards Cashpot for Schools

[Cashpot for Schools Terms & Conditions](#) [Asda Rewards terms & Conditions](#)

1

Download and sign up to the Asda Rewards app

Opt into the Cashpot for Schools campaign and select a specific primary school or select 'Schools in Need'.

2

Shop in store across Asda and George, or online at Asda.com

Asda will donate a percentage of your shop to your chosen school each time you shop and scan.

3

Asda does the rest

The money raised will be donated through Parentkind to schools to spend on what they need most. This won't affect your own Cashpot earn.

Once opted in and selected a school, we will add £1 to your chosen schools Cashpot to help get them started.

Each school will get an additional £50 added to their Cashpot, after at least one customer has shopped and scanned their Rewards app.



Registering your school

A school, PTA or parent council can register on behalf of their school.

To register, they must sign up with our charity partner, Parentkind, via their [website](#). There is a free option for those unable to sign up for the yearly membership. If a school isn't registered by 30th November, the money earned will be transferred to the Schools in Need Cashpot, where it will be distributed to schools in disadvantaged areas.

CASHPOT
FOR
SCHOOLS



Cashpot for Schools is our mission to support primary schools across the UK.

Every time you shop with Asda Rewards from 2nd September to 30th November, we will donate 0.5% of your total spend to a primary school of your choice. Plus, Asda will pop £1 into your school's Cashpot every time someone opts in.

Even more, Asda will get your school started with a further £50. To redeem this, make sure to shop & scan and remind your school to sign up with Parentkind.

For more info, please see our **Terms & Conditions**.

You won't give up any of your own earnings, and your Cashpot will continue to grow!
Shop. Scan. We donate!

Great, count me in

Rewards for Schools is running until the end of November.

Please help if you can.

Can you help?

