

SITHNEY PRIMARY SCHOOL

PSHE Rolling Programme



	Autumn	Spring	Summer	Additional Information
Reception A	Self Regulation: My Feelings (6 lessons)	Managing Self: Taking on challenges (6 lessons)	Building Relationships: My family and friends (6 lessons)	
	Building Relationships: Special Relationships (6 lessons)	Self Regulation: Listening and following instructions (6 lessons)	Managing self: My Wellbeing (6 lessons)	
Reception B	Self Regulation: My Feelings (6 lessons)	Managing Self: Taking on challenges (6 lessons)	Building Relationships: My family and friends (6 lessons)	
	Building Relationships: Special Relationships (6 lessons)	Self Regulation: Listening and following instructions (6 lessons)	Managing self: My Wellbeing (6 lessons)	
Y1/2 A	Introduction: setting ground rules for RSE & PSHE lessons Families and Relationships (8 lessons. Health and well-being (5 lesson)	Health and well-being (3 lessons) Safety and the Changing body (9 lessons)	Citizenship (6 lessons) Economic Wellbeing (5 lessons) Transition (1 lesson)	

Y1/2 B	<p>Introduction: setting ground rules for RSE & PSHE lessons</p> <p>Families and Relationships (8 lessons.</p> <p>Health and well-being (5 lesson)</p>	<p>Health and well-being (2 lessons)</p> <p>Safety and the Changing body (9 lessons)</p> <p>Citizenship (1 lesson)</p>	<p>Citizenship (6 lessons)</p> <p>Economic Wellbeing (5 lessons)</p> <p>Transition (1 lesson)</p>	
Y3/4 A	<p>Introduction: Setting ground rules for RSE & PSHE (1 lesson)</p> <p>Families and Relationships (8 lessons.</p> <p>Health and well-being (5 lesson)</p>	<p>Health and well-being (3 lessons)</p> <p>Safety and the Changing body (8 lessons)</p> <p>Final 2 lessons to be taught separately – RSE/Puberty</p>	<p>Citizenship (6 lessons)</p> <p>Economic Wellbeing (5 lessons)</p> <p>Transition (1 lesson)</p>	
Y3/4 B	<p>Introduction: setting ground rules for RSE & PSHE lessons (1 lesson)</p> <p>Families and Relationships (8 lessons.</p> <p>Health and well-being (5 lesson)</p>	<p>Health and well-being (3 lessons)</p> <p>Safety and the Changing body (8 lessons)</p> <p>Final 2 lessons to be taught separately – RSE/Puberty</p> <p>Citizenship (1 lesson)</p>	<p>Citizenship (5 lessons)</p> <p>Economic Wellbeing (5 lessons)</p> <p>Transition (1 lesson)</p>	
Y5/6 A	<p>Introduction: setting ground rules for RSE & PSHE lessons (1 lesson)</p> <p>Families and Relationships (8 lessons.</p> <p>Health and well-being (5 lesson)</p>	<p>Health and well-being (2 lessons)</p> <p>Safety and the Changing body (8 lessons)</p> <p>Final 3 lessons to be taught separately – RSE/Puberty</p> <p>Citizenship (2 lessons)</p>	<p>Citizenship (4 lessons)</p> <p>Economic Wellbeing (5 lessons)</p> <p>Identity (2 lessons)</p> <p>Transition (1 lesson)</p>	

Y5/6 B	<p>Introduction: setting ground rules for RSE & PSHE lessons (1 lesson)</p> <p>Families and Relationships (8 lessons)</p> <p>Health and well-being (5 lesson)</p>	<p>Health and well-being (3 lessons)</p> <p>Safety and the Changing body (7 lessons)</p> <p>Final 3 lessons to be taught separately – RSE/Puberty</p> <p>Citizenship (2 lessons)</p>	<p>Citizenship (4 lessons)</p> <p>Economic Wellbeing (5 lessons)</p> <p>Identity (2 lessons)</p> <p>Transition (1 lesson)</p>	
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