



Newsletter

Friday 17 January 2025

Sithney CP School, Crowtown, Helston, Cornwall, TR13 0AE Phone: 01326 572910

Email Secretary: sithneysecretary@croftymat.org

Email Head: sithneyhead@croftymat.org

Students on Site before the start of School

Please note that students should not be left unaccompanied on site before 8.40am. If you need to drop your children off early, please book breakfast club.

Staff Car Park

Could we please again ask parents and carers not to park in the staff car park at the beginning and end of the school day—thank you.

After-School Club

Please can we remind all parents and carers that after-school club finishes at 5pm and that all students need to be collected by this time.

Diary Dates 2024 / 2025

Friday 31 January—Year 1 Hearing checks with the School Nurse
 Monday 3 February— Reception & Year 6 Height and Weight Checks
 Monday 3 February—Will Keating workshop
 Thursday 13 February—Smart Zone trip to Helston Railway
 Monday 17th February to Friday 21st February 2025—Half Term
 Monday 24th February 2025—INSET Day
 Monday 7th April to Thursday 17th April 2025 Easter Holidays
 Friday 18th April 2025—Good Friday
 Monday 21st April 2025—Easter Monday
 Monday 5th May 2025 —May Bank Holiday
 Thursday 8th May 2025—INSET Day
 Monday 26th 2025 May—Spring Bank Holiday
 Tuesday 27th to Friday 30th May—Half Term
 Monday 2nd June 2025—INSET Day
 Monday 16th June—Sustainability week will commence
 Wednesday 23rd July 2025 INSET Day
 Thursday 24th July 2025—Summer Holidays



2024/25 Cross Country Dates

Tuesday 25th February	Race 4	KS2/Peninsula qualifier	Helston South Site 4pm
March	Peninsula Final	KS2	Pool School 4-5pm
March	School Games Final	KS2	Newquay
Tuesday 29th April	Race 5	KS2	Helston North
Tuesday 13th May	Race 6	Reception/KS1 and KS2	Helston South Site - 4pm
Tuesday 10th June	Fun Run	Reception/KS1 and KS2	Mullion 4pm

Please park in the bus by for the north site races and NOT to arrive before 3:50. There will be plenty of parking after the busses have left at 3:50. All Reception and KS1 races are fun runs. Only KS2 races are scored.

Attendance—Week Ending Friday 17 January 2025

Busy Zone	83.33%
Wonder Zone	94.8%
Smart Zone	94.44%
Study Zone	<u>98.99%</u>
Whole School	93.66%

(**School Attendance Target: 97%)



Reading Roll of Honour

Elsie, Millie, Samuel, Ruben, Arthur, Oscar, Henry, Rocco, Noah, Ethan, Ronan, Bella, Harvey, Bodhi, Penny, Sebby, Evie, Jemima, Sephy, Max, Izabella, Thomas H, Rosie & Ruby



Word of the Week

KS1: **Whim:** This means a sudden desire or change of mind

Smart Zone: **Propaganda:** This means information that is misleading to promote a point of view

Study Zone: **Facinorous:** This means extremely wicked





WELL DONE

TEAM	22.11.24	29.11.24	06.12.24	13.12.24	20.12.24	10.01.25	17.01.25
Killigrew	★	★	★			★	★
Trevithick							
Bassett				★	★		



MATHS WHIZZ

Study Zone Learning Time	Smart Zone Learning Time	Wonder Zone Learning Time
Jemima—70 mins	Freddie—66 mins	Tuva—59 mins
Sephy—64 mins	Bodhi—44 mins	Oscar—57 mins
Clay—57 mins	Harvey—33 mins	Noah—42 mins

Study Zone Gems	Smart Zone Gems	Wonder Zone Gems
Evalyn—7 gems	Freddie—7 gems	Noah—14 gems
Carter & Sephy 6 gems	Evie—5 gems	Oscar—8 gems
	Harvey—4 gems	Millie—6 gems

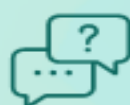
HALL OF FAME

Evie, Freddie, Harvey, Aerin, Alice, Amy,
Carter, Dollie, Evalyn, Fritz, Jacob,
Jemima, Sephy & Rosie

Most pharmacies can help you with **seven common conditions** without needing a GP appointment



- **Sinusitis**
(adults and children aged 12 years and over)
- **Sore throat**
(adults and children aged 5 years and over)
- **Earache**
(children and young adults aged 1 year to 17 years)
- **Infected insect bite**
(adults and children aged 1 year and over)
- **Impetigo**
(adults and children aged 1 year and over)
- **Shingles**
(adults aged 18 years and over)
- **Urinary tract infection**
(women, aged 16 to 64 years)



Ask your pharmacy for more information about this free* NHS service

Visit your
Pharmacy First!

*NHS prescription charge rules apply where a medicine is supplied



MATHS FOUNDATIONS

Wednesday 19 February 2025

10:30-12:30 or 1:30-3:30

Roarsome Play, Redruth



**BOOK
NOW**



www.mobilemultiply.co.uk

**FREE
ENTRY**

and lunch provided

Topics:

- Number recognition
- Number bonds
- Place value
- Time - digital and analogue
- 2D & 3D shapes



Learn to:

- Make maths fun
- Reduce / prevent maths anxiety for you (and your children)
- Talk about maths

Work with us while your children play and gain number confidence to help your children develop a positive relationship with maths.



Funded by
UK Government





Wassail!

Saturday 18th January 2025
4pm - 8pm

Bless, Protect & Celebrate!

Kehelland Trust Orchards TR14 ODE

Music, Dancing, Cider,
Food & More

*sliding scale for entry from £8/£4 adult. Child. No
booking required just come along ready to eat,
drink, dance & be merry. Dress for the weather!

Week 1
Menu this week



Chartwells
So much more than fantastic food

WEEK 3

W/C: 18/11, 09/12, 20/01, 10/02, 03/03, 24/03

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT MAINS	Macaroni Cheese	Pork Sausages Served with Mashed Potato and Gravy	Roast Beef Served with Roast Potatoes and Gravy	Chicken and Vegetable Korma Served with Wholegrain Rice	Fish Fingers Served with Chips
JACKET POTATO	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings
Tomato Pasta Fresh, homemade tomato sauce with penne pasta					
All main meals are served with two vegetables					
DESSERT	Chocolate Beet Brownie with Orange Slices	Bread and Butter Pudding with Custard	Sicilian Lemon Cookie with Fruit	Jam and Coconut Sponge with Custard	Vanilla Ice Cream
PACKED LUNCH Ham and Cheese sandwich available daily with veg sticks and fresh fruit or dessert of the day					

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.

THREE WEEK MENU

AUTUMN/WINTER 2024

Our new menu chosen by parents and children – Your favourites available every day



Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.

Chartwells
Schools

WEEK 1

W/C: 04/11, 25/11, 16/12, 06/01, 27/01, 10/03, 31/03

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT MAINS	Macaroni Cheese	Classic Beef Burger Served with Potato Wedges	Roast Gammon Served with Roast Potatoes and Gravy	BBQ Chicken Pizza Served with Pesto Pasta	Fish Fingers Served with Chips
JACKET POTATO	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings including Salmon Mayonnaise	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings
Tomato Pasta Fresh, homemade tomato sauce with penne pasta					
All main meals are served with two vegetables					
DESSERT	Flapjack with Fruit	Apple Crumble with Custard	Rice Pudding with Jam or Chocolate Spread	Raspberry Jelly	Chocolate Brownie
PACKED LUNCH Ham and Cheese sandwich available daily with veg sticks and fresh fruit or dessert of the day					

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.

WEEK 2

W/C: 11/11, 02/12, 13/01, 03/02, 24/02, 17/03

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT MAINS	Veggie Supreme Pizza Served with Pesto Pasta	Beef Bolognese Served with Wholewheat Pasta	Roast Chicken Served with Roast Potatoes and Gravy	Chicken and Vegetable Pie Served with Mashed Potato and Gravy	Crispy Chicken Burger Served with Chips
JACKET POTATO	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings
Tomato Pasta Fresh, homemade tomato sauce with penne pasta					
All main meals are served with two vegetables					
DESSERT	Apple and Cinnamon Sponge with Custard	Crunchy Chocolate Mousse	Fruits of the Forest Jelly	Orange Glazed Sticky Sponge Pudding with Custard	Chocolate Cookie
AVAILABLE EVERY DAY Water, salad, freshly baked bread, yoghurt & fresh fruit					

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.

Vegetarian Oily Fish Wholegrain Fruity! Nutritionist's Choice

MENTAL HEALTH SUPPORT TEAM - MHST



Parents and Carers -
please join us at our
1hr online
Resilience Workshop

Monday 20th January - 9.30am & 4pm

Tuesday 21st January - 11am & 2pm

Wednesday 22nd January - 11.30am &
4pm

Thursday 23rd January - 9.30am & 1.30pm



This workshop aims to talk about the
meaning of resilience, explore
building resilience and look at how
and when a young person should ask
for help.

To book a place please complete
the online form **HERE**

[https://forms.office.com/e/TE2U](https://forms.office.com/e/TE2UmBZrHK)

[mBZrHK](https://forms.office.com/e/TE2UmBZrHK) or scan the QR code



This workshop is open to parents/carers of
primary aged children enrolled in Reception
to Year 6 in any school in Cornwall

MENTAL HEALTH SUPPORT TEAM - MHST



Parents and Carers -
please join us at our
1hr online
Behaviour Workshop

Monday 27th January - 9.30am & 2pm
Tuesday 28th January - 11.30 am & 4pm
Wednesday 29th January - 9.30am & 1.30pm
Thursday 30th January - 11.00am & 4pm

A cartoon sloth is hanging from a tree branch. A colorful lizard is perched on a nearby branch. The background shows a tree trunk and some leaves.

This workshop provides parents with
practical strategies to foster positive
behaviour and communication at
home.

To book a place please complete
the online form **HERE**
[https://forms.office.com/e/1Pw
GDXSQ40](https://forms.office.com/e/1PwGDXSQ40) or scan the QR code



This workshop is open to parents/carers of
primary aged children enrolled in Reception
to Year 6 in any school in Cornwall

MENTAL HEALTH SUPPORT TEAM - MHST



Parents and Carers -
please join us at our
1hr online
Sleep Workshop

Monday 3rd February - 11am & 4pm
Tuesday 4th February - 9.30am & 2pm
Wednesday 5th February - 9.30am &
1.30pm
Thursday 6th February - 11am &
1.30pm



This workshop aims to provide
psychoeducation on sleep hygiene
and sleep routines. Also includes
practical strategies for helping
children

To book a place please complete
the online form HERE

[https://forms.office.com/e/7ac7q
HLPhc](https://forms.office.com/e/7ac7qHLPhc) or scan the QR code



This workshop is open to parents/carers of
primary aged children enrolled in Reception
to Year 6 in any school in Cornwall