



Newsletter

Friday 7 March 2025

Sithney CP School, Crowtown, Helston, Cornwall, TR13 0AE Phone: 01326 572910

Email Secretary: sithneysecretary@croftymat.org

Email Head: sithneyhead@croftymat.org

School Uniform 'Swap Shop'

Our next 'swap shop' is on Monday 17th March, after school, in the playground.

This is where anyone can pick up items of second-hand school uniform for free! We would be delighted if you can make use of the items of clothing, as at present we have kindly been donated a great selection.

If you have items to swap, please pass them on to Miss Bray or Mrs Ellis.

We are looking forward to seeing you all there.

Sithney School Council

Gardening Club

Gardening Club is still looking for donations of top soil if any parents and carers would like to support this after-school club.

Notice from the MAT Finance Office.

The Finance Office have asked us to advise parents and carers that childcare vouchers should not be used to pay for residential camps or school lunches.

Thank you.

Wonder Zone Parents Evening

Apologies to all Wonder Zone parents for the parents evening meetings being cancelled this week due to staff illness. We will advise of re-scheduled dates as soon as possible.

Attendance—Week Ending Friday 7 March 2025

Busy Zone	88.68%
Wonder Zone	86.22%
Smart Zone	94.77%
Study Zone	100%
Whole School	92.24%

(**School Attendance Target: 97%)



Reading Roll of Honour

Evie, Alex, Sebby, Lizzy, Wynter, Ruby, Thomas & Jemima



Apologies, due to staff illness there is not data for Wonder Zone this week

Word of the Week

Wonder Zone: 'Ledge' A ledge is a piece of rock on the side of a cliff or mountain, which is in the shape of a narrow shelf.

Smart Zone: 'Temporary' This means lasting for a limited period of time

Study Zone: 'Amaranthine' This means undying or immortal; eternally beautiful



Hall for Cornwall Mass Sing—Monday 3 March 2025

On Monday, Years 1 – 6 travelled by coach to The Hall for Cornwall, being a part of the Cornish Mass Sing event led by Cornish singer, Will Keating. 1000 primary school children, from 16 schools across Cornwall took part in this to celebrate Cornish culture and St. Piran's Day. Along with Will Keating, Cornwall Youth Folk Ensemble performed, providing an enriching musical experience for the children.



Word Book Day 2025

Sithney School celebrated World Book Day in various ways, activities included students decorating potatoes into their favourite book character, show and tell of their favourite books, activities on the school field and some good old fashioned quiet reading time (inside and out). A great day was had by all.





Smart Zone
World Book Day
2025





Study Zone
World Book Day
2025



Diary Dates 2024 / 2025

Thursday 13 March—Smart Zone trip to Helston Railway
Monday 7th April to Thursday 17th April 2025 Easter Holidays
Friday 18th April 2025—Good Friday
Monday 21st April 2025—Easter Monday
Thursday 1 May—RNLI Water Safety Assembly (Yr's 1-6)
Monday 5th May 2025 —May Bank Holiday
Thursday 8th May 2025—INSET Day (Flora Day)
Monday 12th—Thursday 15 May—Year 6 SATS week
Monday 26th 2025 May—Spring Bank Holiday
Tuesday 27th to Friday 30th May—Half Term
Monday 2nd June 2025—INSET Day
Monday 9th—Weds 11th June 2025— Year 5/6 Camp/Residential
Monday 16th June—Sustainability week will commence
Friday 11th—Weds 16th July—Y5/6 Bikeability (details tbc.)
Wednesday 23rd July 2025 INSET Day
Thursday 24th July 2025—Summer Holidays



2024/25 Cross Country Dates

	Race 4		
March	Peninsula Final	KS2	Pool School 4-5pm
March	School Games Final	KS2	Newquay
Tuesday 29th April	Race 5	KS2	Helston North
Tuesday 13th May	Race 6	Reception/KS1 and KS2	Helston South Site - 4pm
Tuesday 10th June	Fun Run	Reception/KS1 and KS2	Mullion 4pm

Please park in the bus by for the north site races and NOT to arrive before 3:50. There will be plenty of parking after the busses have left at 3:50. All Reception and KS1 races are fun runs. Only KS2 races are scored.



WELL DONE

TEAM	17.01.25	24.01.25	31.01.25	07.02.25	14.02.25	28.02.25	07.03.25
Killigrew	★	★	★	★	★	★	★
Trevithick							
Bassett							



MATHS WHIZZ

Study Zone Learning Time	Smart Zone Learning Time	Wonder Zone Learning Time
Jemima—56 mins	Isobella—65 mins	Tuva—97 mins
Clay—48 mins	Evie—52 mins	Oscar—64 mins
Carter—47 mins	Freddie—45 mins	Charlie—57 mins

Study Zone Gems	Smart Zone Gems	Wonder Zone Gems
Carter—8 gems	Freddie & Evie 7 gems	Noah D—10 gems
Dollie—6 gems	Isobella—5 gems	Tuva—7 gems
Sephy—5 gems		Oscar—6 gems

HALL OF FAME

Arthur, Charlie, Noah, Oscar, Tuva, Alex, Bodhi, Evie, Freddie, Harvey, Isobella, Owen, Penny, Sebby, Wynter, Carter, Clay, Dollie, Evalyn, Fritz, Jemima, Sephy & Ruby



Happy EASTER

JOIN US AT SITHNEY SCHOOL FOR
TOMBOLA, GUESS THE TEDDY'S NAME,
HOT CHOCOLATE & HOT DOGS

AFTER SCHOOL
THURSDAY 3RD APRIL

RAISING MONEY FOR FOSS TO
SUPPORT YOUR CHILD'S EDUCATION



Are you interested in school catering that fits around your family life.

No weekends or evenings

Chartwells have the following vacancies in your area.

16hr a week catering assistant Trannack school (own transport required with fuel allowance)

Positions are term time only with salary spread over the whole year.

If you are interested, please call or email

Karen – 07760172002

Karen.wallens@compass-group.co.uk

HELSTON COMMUNITY COLLEGE
SOUTH SITE HALL
12th, 13th & 14th MARCH 2025



HCC presents...

JAMES
and the
GIANT
peach!

Join us at Breage Field for

GARDENING CLUB!



Discover the joys of gardening, learn new techniques, and connect with fellow gardening enthusiasts. Sessions are ad-hoc depending on field requirements and the weather!

Everyone Welcome! Regardless of knowledge or ability!

To join the group or find out more contact Caroline on 07791790075 or scan the QR code to find us on Facebook





Sailing in the School Holidays



Easter Courses

Trevassack Lake

RYA Stages 1, 2 & 3 plus a Refresher course - two full days of safe, fun sailing at our fully accessible lake



FIND OUT MORE

Saturday Clubs

Helford River

RYA Stages 1 & 2 certification over six Saturday mornings - get more sailing for your money!



FIND OUT MORE

OR

Just for Fun Clubs to build skills and experience during Easter Holidays, Summer Term-Time or in the Summer holidays



TREVASSACK LAKE
THE HELFORD RIVER

01326 702326
HELLO@CSTEXPERIENCES.CO.UK

Activities are offered for 8-15 year olds and by joining our courses you're supporting the charity's work in providing accessible watersports activities for all

o-region



A SUMMER AT THE
EDGE OF THE WORLD
CAN CHANGE
EVERYTHING...

WHITE HORSE

Based on *The White Horse of Zennor* by Michael Morpurgo
Written & directed by Simon Harvey



28 Feb to 8 Mar 2025
Regal Theatre Redruth

Book tickets at hallforcornwall.co.uk • Suitable for ages 8+



Arts Council
ENGLAND



Funded by
UK Government



CORNWALL
COUNCIL



Council of the
ISLES OF SOLLY



GOOD
GROWTH



@oregioncornwall



Cornwall Partnership
NHS Foundation Trust



National
Trust



The Mental Health Support Team warmly
invite you to attend an



EASTER

Wellbeing group



During the Easter holidays MHST, in collaboration with the National Trust would like you to join us on a FREE wellbeing session at various locations in Cornwall.

This is for parents and their primary aged children (5-11) in Cornwall to help understand and support emotional and mental wellbeing. Please book EACH child on to a session below:



Morning and afternoon sessions available:

Wednesday 9 April 2025 - Penrose Estate

10.00-12.00 or 2.00-4.00

or

Wednesday 16 April 2025 - Kennack Sands either

10.00-12.00 or 2.00-4.00



To request a place, complete the online form or scan the QR code provided:

Come prepared for all weathers and feel free to bring a picnic (please do not bring any foods that may contain nuts)



<https://forms.office.com/e/Epj7iLqgEc>

Follow us on Facebook for updates and upcoming events:
Cornwall Mental Health Support Team (MHST)

Please note: Places are limited and will be allocated on a first come, first serve basis. If you are allocated a place and cannot attend, please let us know so we can allocate your space to someone else



Most pharmacies can help you with **seven common conditions** without needing a GP appointment



- **Sinusitis**
(adults and children aged 12 years and over)
- **Sore throat**
(adults and children aged 5 years and over)
- **Earache**
(children and young adults aged 1 year to 17 years)
- **Infected insect bite**
(adults and children aged 1 year and over)
- **Impetigo**
(adults and children aged 1 year and over)
- **Shingles**
(adults aged 18 years and over)
- **Urinary tract infection**
(women, aged 16 to 64 years)



Ask your pharmacy for more information about this free* NHS service

Visit your
Pharmacy First!

*NHS prescription charge rules apply where a medicine is supplied



Week 1
Menu this week



Chartwells
So much more than fantastic food

WEEK 3

W/C: 18/11, 09/12, 20/01, 10/02, 03/03, 24/03

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT MAINS	Macaroni Cheese	Pork Sausages Served with Mashed Potato and Gravy	Roast Beef Served with Roast Potatoes and Gravy	Chicken and Vegetable Korma Served with Wholegrain Rice	Fish Fingers Served with Chips
JACKET POTATO	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings
Tomato Pasta Fresh, homemade tomato sauce with penne pasta					
All main meals are served with two vegetables					
DESSERT	Chocolate Beet Brownie with Orange Slices	Bread and Butter Pudding with Custard	Sicilian Lemon Cookie with Fruit	Jam and Coconut Sponge with Custard	Vanilla Ice Cream
PACKED LUNCH Ham and Cheese sandwich available daily with veg sticks and fresh fruit or dessert of the day					

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.

THREE WEEK MENU

AUTUMN/WINTER 2024

Our new menu chosen by parents and children – Your favourites available every day



Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.

Chartwells
Schools

WEEK 1

W/C: 04/11, 25/11, 16/12, 06/01, 27/01, 10/03, 31/03

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT MAINS	Macaroni Cheese	Classic Beef Burger Served with Potato Wedges	Roast Gammon Served with Roast Potatoes and Gravy	BBQ Chicken Pizza Served with Pesto Pasta	Fish Fingers Served with Chips
JACKET POTATO	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings including Salmon Mayonnaise	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings
Tomato Pasta Fresh, homemade tomato sauce with penne pasta					
All main meals are served with two vegetables					
DESSERT	Flapjack with Fruit	Apple Crumble with Custard	Rice Pudding with Jam or Chocolate Spread	Raspberry Jelly	Chocolate Brownie
PACKED LUNCH Ham and Cheese sandwich available daily with veg sticks and fresh fruit or dessert of the day					

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.

WEEK 2

W/C: 11/11, 02/12, 13/01, 03/02, 24/02, 17/03

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT MAINS	Veggie Supreme Pizza Served with Pesto Pasta	Beef Bolognese Served with Wholewheat Pasta	Roast Chicken Served with Roast Potatoes and Gravy	Chicken and Vegetable Pie Served with Mashed Potato and Gravy	Crispy Chicken Burger Served with Chips
JACKET POTATO	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings
Tomato Pasta Fresh, homemade tomato sauce with penne pasta					
All main meals are served with two vegetables					
DESSERT	Apple and Cinnamon Sponge with Custard	Crunchy Chocolate Mousse	Fruits of the Forest Jelly	Orange Glazed Sticky Sponge Pudding with Custard	Chocolate Cookie
AVAILABLE EVERY DAY Water, salad, freshly baked bread, yoghurt & fresh fruit					

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.

Vegetarian Oily Fish Wholegrain Fruity! Nutritionist's Choice