WEEK 3

W/C: 17/11/2025, 08/12/2025, 19/01/2026, 09/02/2026, 02/03/2026, 23/03/2026							
		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
HOT DISHES	OPTION	Cheese and Tomato Pizza with Potato Wedges 🕥	Beef Meatballs in Tomato Sauce with Wholewheat Pasta	Roast Gammon with Mashed Potatoes and Gravy	Chicken and Sweetcom Pasta Bake	Battered Pollock with Chips	
	option 2	Veggie Meat Feast Pizza with Potato Wedges 💿	Veggie Meatballs in Tomato Sauce with Wholegrain Pasta	Quorn Roast with Mashed Potato and Gravy	Macaroni Cheese	Veggie Fingers with Chips	
	OPTION	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	
	HOT DISHES ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD						
ELI DISHES	OPTION	Cheese and Tomato Wrap	Tuna Wrap	Ham Wrap	Cheese and Tomato Wrap	Ham Wrap	
H	OPTION	Egg Mayonnaise	Ham Sandwich	Cheese	Tuna Mayonnaise	Cheese	

DELI DISHES ARE SERVED WITH MIXED SALAD

Sandwich

DESSERT

Chocolate Marble Cake

Sandwich

Orange Glazed Sticky Sponge Cake with Custard 6

Ham Sandwich

Lemon Cookie

Crunchy Chocolate Mousse

Mayonnaise

Sandwich

Fruits of the **Forest Jelly**

Sandwich



BAKED POTATOES SERVED DAILY

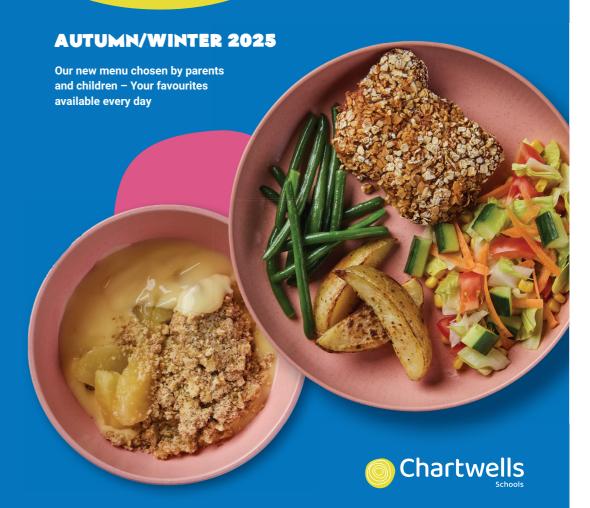


AVAILABLE DAILY Fresh fruit, salad, yoghurt and water

🔻 Vegetarian 🌞 Vegan 🔅 Oily Fish 😻 Wholegrain 🐞 Fruity! 💖 Nutritionist's Choice

Menu_101_008030

THREE WEEK MENU



Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.

WEEK 1

W/C: 03/11/2025, 24/11/2025, 15/12/2025, 05/01/2026, 26/01/2026, 09/03/2026, 30/03/2026							
		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
	OPTION	Cheese and Tomato Pizza with Potato Wedges	Beef Bolognese with Wholewheat Pasta 🐲 🤫	Roast Chicken with Roast Potatoes and Gravy	Chicken and Vegetable Pie with Mashed Potatoes and Gravy	Southern Fried Chicken with Chips	
Ñ		OR .	OR-	OR .	OR-	OR .	
HOT DISHES	OPTION 2	BBQ Vegetable Wrap with Potato Wedges 🕠 🥪	Vegetarian Bolognese with Wholewheat Pasta ② 🐲 🧡	Roast Quorn with Roast Potatoes and Gravy	Cheesy Vegetable Hotpot	Quorn Dippers with Chips ②	
		OR	OR	OR	OR	OR	
	OPTION 3	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta				
HOT DISHES ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD						ED BREAD	
DELI DISHES	OPTION	Cheese and Tomato Wrap	Tuna Wrap	Ham Wrap	Cheese and Tomato Wrap	Ham Wrap	
	OPTION	Egg Mayonnaise Sandwich	Ham Sandwich	Cheese Sandwich	Tuna Mayonnaise Sandwich	Cheese Sandwich	
	DELI DISHES ARE SERVED WITH MIXED SALAD						

DESSERT

Crunchy Apple Slice ď

Strawberry Shortcake Mousse

Oat Cookie **T**

Apple Crumble with Custard

Berry Blondie

AVAILABLE DAILY

With a choice of toppings 🔻 🖈

BAKED POTATOES SERVED DAILY

♥ Vegetarian 🥦 Vegan 🔅 Oily Fish 😻 Wholegrain 🧓 Fruity! 💖 Nutritionist's Choice

W/C: 10/11/2025, 01/12/2025, 12/01/2026, 02/02/2026, 23/02/2026, 16/03/2026

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
HOT DISHES	OPTION	Macaroni Cheese	Pork Sausages with Mashed Potatoes and Gravy	Roast Chicken with Roast Potatoes and Gravy	BBQ Chicken with Rainbow Rice	Battered Pollock with Chips	
	OPTION 2	Veggie Burrito with Wholegrain Rice	Vegetarian Sausage with Mashed Potatoes and Gravy	Veggie Shepherd's Pie with Gravy	Cheese and Tomato Pizza with Garlic Bread or Pasta Salad	Veggie Fingers with Chips	
	OPTION 3	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	
		HOT DISHES ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD					
	OPTION	Cheese and			Cheese and		

DELI DISHES	4	Cheese and Tomato Wrap	Tuna Wrap	Ham Wrap	Cheese and Tomato Wrap	Ham Wrap
DELI D	OPTION 5	Egg Mayonnaise Sandwich	Ham Sandwich	Cheese Sandwich	Tuna Mayonnaise Sandwich	Cheese Sandwich
DELI DISHES ARE SERVED WITH MIXED SALAD						
DI	SSERT	Chocolate Caramel Crunch	Flapjack	Chocolate Brownie	Apple and Golden Syrup	Chocolate Cookie



BAKED POTATOES SERVED DAILY With a choice of toppings 💟 🕸



AVAILABLE DAILY

🔻 Vegetarian 👊 Vegan 🔅 Oily Fish 💥 Wholegrain 🐞 Fruity! 💖 Nutritionist's Choice

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Sponge

with Custard 6