



Newsletter

Friday 7 November 2025

Sithney CP School, Crowntown, Helston, Cornwall, TR13 0AE Phone: 01326 572910

Email Secretary: sithneysecretary@croftymat.org

Email Head: sithneyhead@croftymat.org

Carol Concert—Wednesday 10th December

Sithney School will be visiting Sithney Church for a Carol Concert on Wednesday 10th December at 2pm. We will be sharing Christmas songs and performing readings with support from Reader Kim who will lead the service. More details will follow closer to the time. Thanks Miss Sumpter

Student Absence

Please can we remind all parents and carers that for Safeguarding purposes you are required to telephone the school daily if your child is off sick, even if you have previously advised they will be off on multiple days. Thanks Miss Neil.

Wraparound Care

Please can we remind all parents and carers that sessions booked but not taken, unless cancelled 48hrs in advance, will still be charged for the full slot booked. This applies for both breakfast and after-school club. Thank you.

Can we also remind all parents and carers that After School Club ends at 5pm. Late pickup from After-School club will incur a flat rate of £9 per half hour to cover the resulting costs of increased staff salaries. Recurrent lateness may result in a discretionary cancellation of provision for a period of time.

Wonder Zone library time is on a Friday morning—Mrs O'Brien

Pre-School Closure—Monday 8 December 2025

Apologies but due to staffing, there will be no pre-school on Monday 8 December.

Attendance—Week Ending Friday 7 November 2025

Busy Zone	100%
Wonder Zone	100%
Smart Zone	98.57%
Study Zone	98.5%
Whole School	99.29%

(**School Attendance Target: 97%)



Badges

Reading Roll of Honour

Finley N, Jacca, Jenny, Archie, Lowen, Millie, Ethan, Ronan, Teddie, Tuva, Noah S, Mylor, Arthur G, Carey, Evie, Penny, Essie, Jago, Ruben, Arthur, Grace M, Thomas H, Bella, Sebby, Harvey & Jamison



Word of the Week

Wonder Zone: **Ignited:** This is when something begins to burn or catches fire.

Smart Zone: **Scarce:** This means there is not enough of it.

Study Zone: **Constellate:** This means to form a cluster, group or gather together.



Diary Dates 2025 / 2026

Monday 10 November—Study Zone trip to CAST
Wednesday 12 November—Bikeability for Non-Rider students
Monday 1 December—Height & Weight Checks for Reception and Year 6
Monday 8 December—Pre-School Closed
Wednesday 10 December—Carol Concert at Sithney Church at 2pm
Monday 15 December—School Christmas Production
Wednesday 17 December—School Christmas Lunch
Monday 22 December—Friday 2 January—Christmas Holidays
Monday 5 January - Inset Day
Monday 16 February - Friday 20 February—Half Term
Monday 23 February—Inset Day
Friday 3 April — Friday 17 April—Easter Holidays
Monday 4 May—Bank Holiday
Friday 8 May—Inset Day (Flora Day)
Monday 25 May—Friday 29 May—Half Term
Weds 3 to Friday 5 June 2026—Year 5&6 Residential
Weds 10 June 2026—8.40am to 12.30pm—Y6 Mullion School Y6 transition morning
Monday 22 June—Inset Day
Weds 1 July 2026—Mullion School Year 6 Transition day
Tuesday 7 & Weds 8 July—Helston College Transition Day—Y6
Thursday 23 July—Inset Day
Friday 24 July—School Summer Holidays commence



Dates for
the Diary:

Coastal Crew (selected students only) - Thursday 5 February & Friday 10 July

**Eco Council (selected students only) - Wednesday 14 January,
Wednesday 25 February, Friday 24 April & Friday 5 June**

Cross Country

Tuesday 11th November	Race 3	KS2	Helston North Site 4pm
Tuesday 24th February	Race 4	KS2/Peninsula qualifier	Helston South Site 4pm
March	Peninsula Final	KS2	TBC 4-5pm
March	School Games Final	KS2	Newquay
Tuesday 28th April	Race 5	Reception/KS1 and KS2	Helston North Site 4pm
Tuesday 12th May	Race 6	Reception/KS1 and KS2	Helston South Site - 4pm
Tuesday 9th June	Fun Run	Reception/KS1 and KS2	Mullion 4pm



WELL DONE



TEAM	19.09.25	26.09.25	03.10.25	10.10.25	17.10.25	24.10.25	07.11.25
Killigrew			★		★	★	★
Trevithick				★			
Bassett	★	★					



Isobella and Bryer



NUMBOTS



MATHS WHIZZ

Study Zone Learning Time	Smart Zone Learning Time	Wonder Zone Learning Time
Carter & Dollie—37 mins	Essie—96 mins	Arthur G—50 mins
Alex—34 mins	Evie—89 mins	Oliver—49 mins
	Grace M—64 mins	Millie—47 mins

Study Zone Gems	Smart Zone Gems	Wonder Zone Gems
Finley R—4 gems	Evie—15 gems	Millie—6 gems
Jemima & Ned—3 gems	Noah D—11 gems	Oliver—4 gems
	Oscar—8 gems	Arthur G—3 gems

HALL OF FAME

Arthur G, Carey, Oliver, Billie-Jean, Emmeliah, Essie, Evie, Grace M,
Henry, Jago, Noah D, Oscar, Penny, Samuel, Dollie & Jemima

Smart Zone Trip to King Edward Mine

Smart Zone had a fantastic day out at King Edward Mine yesterday and the children were a credit to our school. They were able to take part in a wide range of engaging activities, exploring the rich history of mining and enjoying hands-on learning experiences. It was wonderful to see so many smiling faces and curious minds at work! A big thank you to the staff and volunteers who made the day such a success.



Student Stories!

Over the half term, Arthur visited the Cornwall Museum & Art Gallery in Truro and was delighted to find, amongst other exhibits, some ancient Egyptian artefacts, including an ancient Egyptian Mummy! A great day was had by both Arthur and mum, and they thoroughly recommend a visit to the museum.





Christmas Lunch

MAINS

Roast Turkey
Or
Quorn Roast (V)

SIDES

Roast Potatoes, Stuffing,
Carrots, Peas and Gravy

DESSERTS

Vanilla Christmas
Shortbread

*Menus may be subject to change



Christmas tree making

in collaboration with Breage Christmas Lights Committee



Saturday 8th November, 13:00-16:00 Breage Field



Prizes
for best
trees!

Provided:

- 'Trees'!
- Paint
- Hot drinks
- Mince pies
- Some shelter in case of inclement weather
- Festive cheer!

Please bring:

- Your own paint brush
- Weather proof decorations
- Old clothes for painting

Everyone welcome.

Please scan the QR code here to register as spaces are limited and timeslots must be allocated





CFYLM PRESENTS

a screening of

SHAUN THE SHEEP

SATURDAY 6TH DECEMBER

**PRAA SANDS
COMMUNITY
CENTRE**

DOORS: 5.00pm

FILM: 5.30pm

ADULT PRICE

£6 new members/£4 members

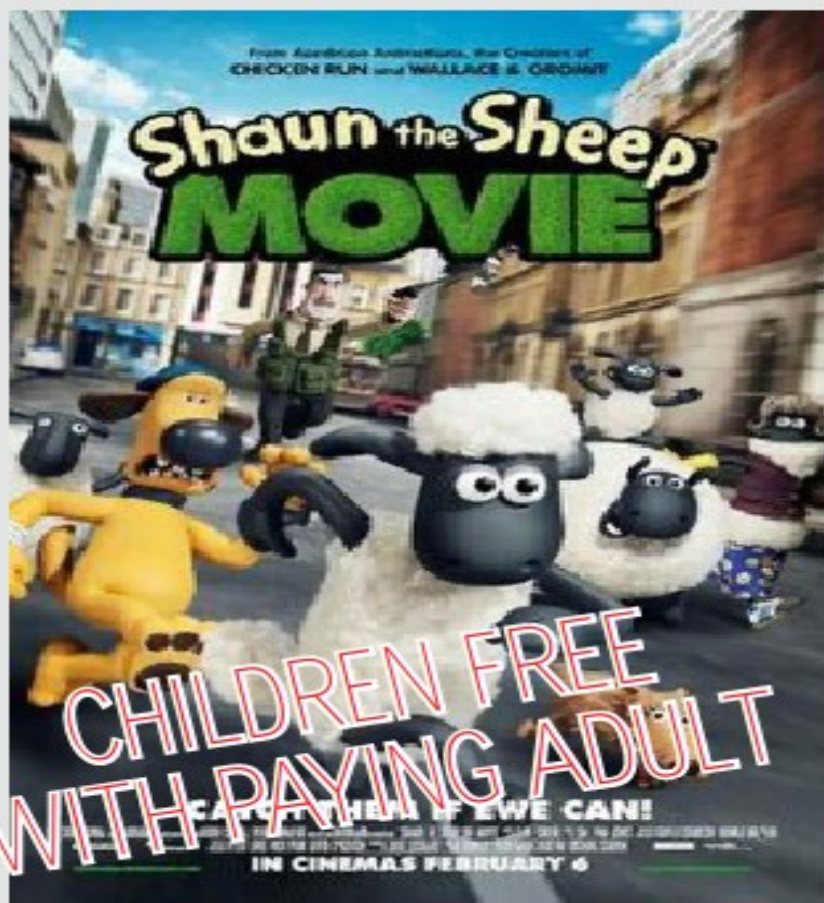
CONTACT:

01726 467128

PRAASANDSCOMMUNITYCENTRE@GMAIL.COM

ABOUT

When Shaun decides to take the day off and have some fun, he gets a little more action than he bargained for. A mix up with the Farmer, a caravan and a very steep hill lead them all to the Big City and it's up to Shaun and the flock to return everyone safely to the green grass of home.



@CFYLM



@CFYLM_CORNWALL

WWW.CFYLM.CO.UK

BROUGHT TO YOU IN ASSOCIATION WITH



**HELSTON
RAILWAY**

Christmas Trains



Santa Train Dates (December 2025)
6th, 7th, 13th, 14th, 20th, 21st, 22nd

Santa Train Times
10:00, 11:30, 15:00

Train of Light Time
17:30



Ticket Prices

Adult £10

Child £11.50

Under 5 years £5

Child and under 5 prices include
present from Santa!

visit www.helstonrailway.co.uk



Pop up Food Hub

See our Facebook Page

Helston

Pre-Order Only – payment on the day

Last order 4 days prior to event

To guarantee your bundle please contact

Debbie on 07880 835 331

For £30, which helps to keep the charity running, you will receive a trolley load containing:

Tea or coffee
Pasta or rice
A selection of tins and cereal
Bag/box of Crisps
A box of pasties or pies
A bag of frozen items
A bag of fresh fruit/veg
A bag of household toiletries
Bread/rolls/cakes
Pet Food
Other extra items as available



**All welcome. No referral needed
We look forward to seeing you there**

Remember to bring a trolley or plenty of strong bags

Saturday 15th November 10:00 – 11:00

Please use the link to book or scan the QR code

<https://forms.office.com/e/MgmBfCGVaw>

Devon & Cornwall Food Action
PRE-ORDER Form





**PRAA SANDS & DISTRICT
COMMUNITY CENTRE**

Christmas Fair

on
Saturday 22nd November
12.00pm - 3.00pm

Cakes, Tea & Coffee, Bacon Rolls, Mince
Pies, Mulled Wine... guaranteed to get you
in the Christmas spirit!



Stalls include: Raffle,
Jewellery, Painting/Art, Textiles, Ceramics,
Cakes, Photography, Tombola and more!

Please email us if you would like more
information or to book a craft table...
limited spaces left!

...Join in the fun and see
what activities YOUR Village
Hall has to offer!



Contact us...

Pengersick Lane • Praa Sands • Penzance • TR20 9RB • Telephone: 01726 467128

Email: praasandscommunitycentre@gmail.com



Follow us on Facebook: <https://en-gb.facebook.com/PraaSandsDistrictCommunityCentre/>

www.praasandscommunitycentre.co.uk



RED RIVER
SCOUT GROUP
CROWLAS



**WANT TO TRY
SOMETHING NEW?**

LEARN LIFE SKILLS
MEET NEW FRIENDS
HAVE EXCITING ADVENTURES
BE CHALLENGED

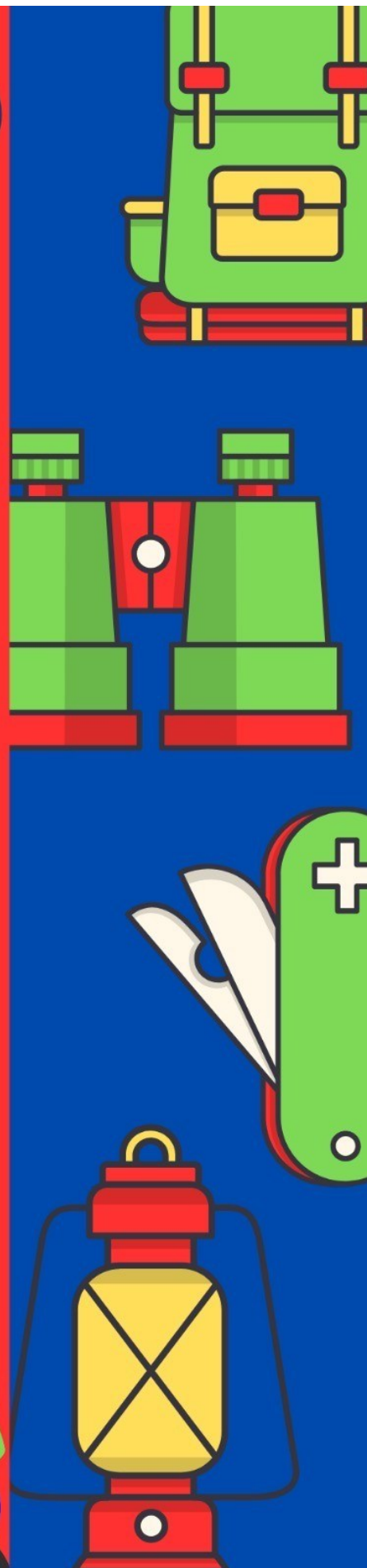
**JOIN US AT CROWLAS
METHODIST CHAPEL:**
BEAVERS (5 ¾ - 8YRS) THURSDAYS
5.30-6.30
CUBS (8 - 10 1/2YRS) THURSDAY 6.50-
8.15
SCOUTS (10 ½ - 14YRS) MONDAYS 7-
9PM

AVAILABILITY IN ALL SECTIONS
FIRST 3 SESSIONS FREE!
AFFORDABLE TERMLY FEES

CONTACT KAREN

07989132280

KAREN.STEPHENS1@HOTMAIL.COM



Most pharmacies can help you
with **seven common conditions**
without needing a GP appointment

- **Sinusitis**
(adults and children aged 12 years and over)
- **Sore throat**
(adults and children aged 5 years and over)
- **Earache**
(children and young adults aged 1 year to 17 years)
- **Infected insect bite**
(adults and children aged 1 year and over)
- **Impetigo**
(adults and children aged 1 year and over)
- **Shingles**
(adults aged 18 years and over)
- **Urinary tract infection**
(women, aged 16 to 64 years)



Ask your pharmacy for more
information about this
free* NHS service

**Visit your
Pharmacy First!**

*NHS prescription charge rules apply where a medicine is supplied



WEEK 3

W/C: 17/11/2025, 08/12/2025, 19/01/2026, 09/02/2026, 02/03/2026, 23/03/2026

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT DISHES	OPTION 1	Cheese and Tomato Pizza with Potato Wedges	Beef Meatballs in Tomato Sauce with Wholewheat Pasta	Roast Gammon with Mashed Potatoes and Gravy	Chicken and Sweetcorn Pasta Bake	Battered Pollock with Chips
	OPTION 2	Veggie Meat Feast Pizza with Potato Wedges	Veggie Meatballs in Tomato Sauce with Wholegrain Pasta	Quorn Roast with Mashed Potato and Gravy	Macaroni Cheese	Veggie Fingers with Chips
	OPTION 3	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta
HOT DISHES ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD						
DELI DISHES	OPTION 4	Cheese and Tomato Wrap	Tuna Wrap	Ham Wrap	Cheese and Tomato Wrap	Ham Wrap
	OPTION 5	Egg Mayonnaise Sandwich	Ham Sandwich	Cheese Sandwich	Tuna Mayonnaise Sandwich	Cheese Sandwich
DELI DISHES ARE SERVED WITH MIXED SALAD						
DESSERT		Chocolate Marble Cake	Orange Glazed Sticky Sponge Cake with Custard	Lemon Cookie	Crunchy Chocolate Mousse	Fruits of the Forest Jelly



BAKED POTATOES SERVED DAILY

With a choice of toppings



AVAILABLE DAILY

Fresh fruit, salad, yoghurt and water

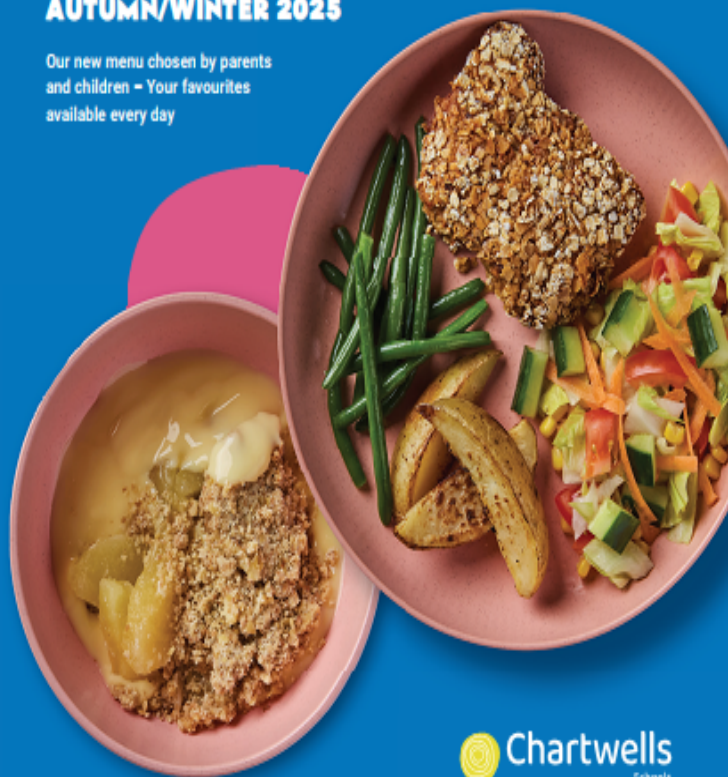
Vegetarian Vegan Oily Fish Wholegrain Fruitful Nutritionalist's Choice

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.

THREE WEEK MENU

AUTUMN/WINTER 2025

Our new menu chosen by parents and children - Your favourites available every day



Chartwells
Schools

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.

Menu_101_00000

Wk: 03/11/2025, 24/11/2025, 15/12/2025, 05/01/2026, 26/01/2026, 09/03/2026, 30/03/2026

HOT DICKEYS ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD.

ROLL BUNDLES ARE CROWD WITH MIXED SALAD

DESSERT

☒ Vegetarian
 ☒ Vegan
 ☒ Dairy Free
 ☒ Wholegrain
 ☒ Fruity!
 ☒ Nutritionist's Choice



W/C: 10/11/2025, 01/12/2025, 12/01/2026, 07/07/2026, 23/02/2026, 16/03/2026

HOT DINERS ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD.

ALL DISHES ARE SERVED WITH MIXED SALAD

DESSERT



[Vegetarian](#)
[Vegan](#)
[Oily Fish](#)
[Whalemeat](#)
[Fruity!](#)
[Nutritionist's Choice](#)