



# Newsletter

Friday 23rd January 2026

Sithney CP School, Crows Nest, Helston, Cornwall, TR13 0AE **Phone:** 01326 572910

**Email Secretary:** [sithneysecretary@croftymat.org](mailto:sithneysecretary@croftymat.org)

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## Road works

From Monday 26th January there will be roadworks at the roundabout by the boating lake in Helston. This will cause some disruption to your journey to school. Please find an alternative route during this period to ensure the children are in school on time.

## Outdoor area

Our outdoor area is in desperate need of some new tree trunk slices for the children to sit on in our fire circle as ours have rotted away. If you have any spare and can donate any trunk slices

## Job Vacancies

Crofty Mat are currently advertising for a Learning Mentor role at Pennoweth School.

Please see the website for further details and how to apply

## Wonder-zone swimming lessons

Due to how cold some of the children get after swimming, would you please supply them with a towel rather than a robe to dry themselves and a nice warm coat or extra jumper for after swimming.

## Attendance—Week Ending Friday 9 January 2026

Busy Zone 96.89%

Wonder Zone 88.89%

Smart Zone 98.49%

Study Zone 96.49%

Whole School 94.83%

(\*\*School Attendance Target: 97%)



## Badges



## Reading Roll of Honour

Arthur, Noah St, Noah Su, Ethan, Ronan,  
Elsie, Grace, Jenny, Odin, Archie, Aurora, Thomas,  
Finley, Lydia, Amelia, Oscar, Samuel, Penny Charlie, Thomas H,  
Jamima, Lizzy, Sebby, Harvey



## Word of the Week

Wonder Zone: Inspired means to have a great idea or to think of something creative



Smart Zone: Revenge- An act in return of injury or offence

Study Zone: . Gigantic- Huge, Colossal

## Diary Dates 2025 / 2026

Thursday 15 January—Reception Vision Checks by School Vision Screener—RCHT  
Monday 9 February—Year 1 Hearing Screening  
Monday 16 February - Friday 20 February—Half Term  
Monday 23 February—Inset Day  
Friday 3 April — Friday 17 April—Easter Holidays  
Monday 4 May—Bank Holiday  
Friday 8 May—Inset Day (Flora Day)  
Monday 25 May—Friday 29 May—Half Term  
Weds 3 to Friday 5 June 2026—Year 5&6 Residential  
Weds 10 June 2026—8.40am to 12.30pm—Y6 Mullion School Y6 transition morning  
Friday 19 June—Class Photos with Jo Buckley photography (*please ensure have ticked your Arbor consent for your child to be photographed with their class*)  
Monday 22 June—Inset Day  
Tuesday 23—Friday 26 June - Year 5 & 6 Bikeability  
Weds 1 July 2026—Mullion School Year 6 Transition day  
Tuesday 7 & Weds 8 July—Helston College Transition Day—Y6  
Thursday 23 July—Inset Day  
Friday 24 July—School Summer Holidays commence

**Dates for  
the Diary:**

**Coastal Crew (selected students only) - Thursday 5 February & Friday 10 July**

**Eco Council (selected students only) - Wednesday 14 January,  
Wednesday 25 February, Friday 24 April & Friday 5 June**

## Cross Country

Tuesday 24th February	Race 4	KS2/Peninsula qualifier	Helston South Site 4pm
March	Peninsula Final	KS2	TBC 4-5pm
March	School Games Final	KS2	Newquay
Tuesday 28th April	Race 5	Reception/KS1 and KS2	Helston North Site 4pm
Tuesday 12th May	Race 6	Reception/KS1 and KS2	Helston South Site - 4pm
Tuesday 9th June	Fun Run	Reception/KS1 and KS2	Mullion 4pm



## WELL DONE



TEAM	07.11.25	14.11.25	21.11.25	28.11.25	12.12.25	19.12.25	23.01.26
Killigrew	★	★		★		★	★
Trevithick			★		★		
Bassett							



## MATHS WHIZZ

Study Zone Learning Time	Smart Zone Learning Time	Wonder Zone Learning Time
Jacob S- 59 mins	Noah D- 91min	Mylor- 40 mins
Evalyn -38min	Essie- 72min	Oliver S-38 min
Finley R- 32min	Evie- 66 min	Elsie-37 min

Study Zone Gems	Smart Zone Gems	Wonder Zone Gems
Jacob S 13	Samuel H 16	Elsie 6
Isobella 5	Essie 12	Millie 6
Thomas H 4	Oscar 8	Noah St 3

## **HALL OF FAME**

Elsie, Mylor, Oliver Alex, Carter, Isobella, Jemima, Jacob S, Ned, Thomas H, Emmeliah, Essie, Evie, Grace M, Henry P, Jago, Noah D, Oscar T, Penny, Ruben, Samuel, Thomas L

# Oxford Children's Word of the Year 2025



Over a third (35%) of surveyed children voted for **peace**, making this the most popular choice from a shortlist of three words, followed by **AI** (33%) and **resilience** (21%). Peace was chosen more often by younger children than older children (ages 6–8: 43%, ages 9–11: 33%, ages 12–14: 30%). A small proportion of children (11%) expressed no preference from the shortlist.

The research highlights that children are calling for peace in response to world conflicts; that AI continues to be routinely encountered in their day-to-day lives; and that resilience is required to deal with challenges close to home and beyond.



# BAG 2 SCHOOL



Our next Bag2School collection  
has been arranged for  
**Thursday 26th February**

Any questions – please ask your school  
collection organiser **Catherine**



## FEBRUARY 2026 Timetable

All sessions delivered live online via zoom, 90 minutes long

**£24 each or FREE with School Membership**

Book online at [facefamilyadvice.co.uk](http://facefamilyadvice.co.uk)

Recordings available for 48 hours (excluding Free Talk)

Autism - Improving Communication	2 Feb 10am
Improving Family Communication	2 Feb 7pm
Supporting A Child with ADHD	3 Feb 10am
Understanding Addictive Behaviour	3 Feb 7pm
Anxiety Based School Avoidance	9 Feb 10am
Anxiety Explained	16 Feb 10am
Cannabis and Ketamine Awareness	16 Feb 7pm
What is ACT?	17 Feb 10am
Introduction to OCD	17 Feb 7pm
<b>FREE - Reducing the Harm from Screens</b>	19 Feb 7-8pm
Understanding the Teenage Brain	23 Feb 10am
Raising Self-Esteem	23 Feb 7pm
Decreasing Depression	24 Feb 10am
Supporting Healthy Sleep	24 Feb 7pm
Understanding Anger	9 Mar 7pm
Facing Defiance	10 Mar 7pm

online talk by Jane Keyworth

## Supporting a Child with ADHD

Challenging the stereotypes, offering practical support and explaining more about this condition

**3rd February 10-11:30am**

**3rd March 7-8:30pm**



Book online  
[facefamilyadvice.co.uk](http://facefamilyadvice.co.uk)  
£24 or Free with a school membership code



## Cluster Sports Calander for the next 2 months

**Important**

14.1.26	Badminton League	Yr 4,5,6	HCC Sports Hall 3:50-4:50
19.1.26	BISI Badminton	Yr 5/6	HCC 4pm - 5pm
21.1.26	Badminton League	Yr 4,5,6	HCC Sports Hall 3:50-4:50
23.1.26	Key Steps Gymnastics		Penryn Gym Club 1-3pm
27.1.26 (TBC)	Indoor Athletics	Yr 5,6	HCC Sports hall
28.1.26	Badminton League	Yr 4,5,6	HCC Sports Hall 3:50-4:50
30.1.26	Girls Football 6 a side	Yr 5,6	Penryn STP 9:30-1pm
02.2.26	Football League	Yr 3/4	HCC 4.00-5.00pm
02.2.26	GIRLS only Football Tournament	KS2	TBC pm
09.2.26	Key steps Gymnastics	KS1	Penryn Gymnastics 1pm - 3pm
09.2.26	Football League	Yr 3/4	HCC 4.00-5.00
24.2.26	Cross Country (4) Peninsula Qualifier	KS2	HCC, South Site 4pm
02.3.26	BISI Badminton	Yr 3/4	HCC, TBC
03.03.26	Peninsular cross-country finals	Yr 4/5/6	Camborne
04.03.26 (TBC)	Indoor Athletics	Yr 3.4	HCC Sports hall
09.3.26	Football League	Y3/4	HCC 4.00-5.00
6.3.26	CSG Sportshall Athletics	Yr 3/4	Penryn, 9.30am-11.30am
6.3.26	CSG Sportshall Athletics	Yr 5/6	Penryn 12pm-2pm
23.3.26	Netball – High 5.	Y5/6	HCC TBC
30.3.26	GIRLS Football League	Yr 3/4	HCC 4.00pm-5.00pm

Cluster competitions
Leagues
Cornwall School Games aimed at Participation for target pupils
Peninsula Competition final in place of School Games.

Over this half term, Wonder Zone, Smart Zone and Study Zone will be reading the following class Novels.

### **Wonder Zone – The Twits**

**Mr Twit is a foul and smelly man who always has bits of cornflake and sardine in his beard. Mrs Twit is scheming and sly and always thinking of the next horrible trick to play on her husband. The Twits are so ghastly and evil that they even keep Muggle-Wump the monkey and his family captive in their garden. But not for much longer! The monkeys are planning to trick the terrible Twits so that they can escape and put a stop to the frightful pair once and for all!**

Wonder Zone have been reading this text in their Year 2 reading session, and it has also been read by Mrs O'Brien as the whole class text so everyone can enjoy it. This hilarious tale of the Twits trying to play nasty tricks on one another gives the children an introduction to short chapter books which has vivid illustrations and exciting vocabulary, but it also gives the children the confidence to begin to read independently.

### **Smart Zone – Romans on the Rampage**

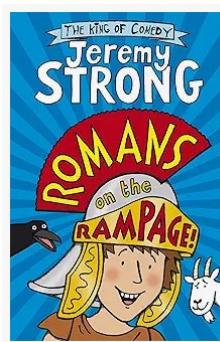
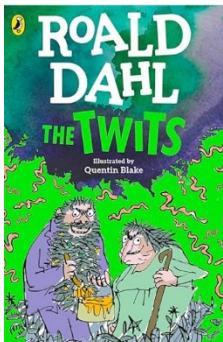
**'Perilus is a Roman boy who is crazy about chariot racing. He loves to practise in his own homemade chariot (pulled by the family goat) and dreams of riding in the Circus Maximus himself one day. But when Perilus's hero, the brilliant charioteer Scorchia, goes missing on the day of the big race, Perilus finds his wish coming true sooner than he'd imagined!'**

Linking to this half term's History unit, Smart Zone will be reading the text Romans on the Rampage by Jeremy Strong. Once a baker, Jeremy Strong is now a well-known author who has written a range of funny, short chapter books that make children laugh out loud. It has been chosen to support Smart Zone's History topic and to show that books accessible to this age can be hilariously funny. Jeremy has written other titles such as The Hundred Mile an Hour Dog, My Brother's Famous Bottom and There's a Pharaoh in our House to name but a few!

### **Study Zone – Cogheart**

**'Lily's life is in mortal peril. Her father is missing and now silver-eyed men stalk her through the shadows. What could they want from her?'**

Peter Bunzl is a bestselling children's author who writes about clockwork, hope and magic. Peter's books have been translated into 16 languages and sold nearly half-a-million copies worldwide. He's been nominated for numerous awards, including: the Carnegie, the Waterstones Book Prize, the Branford Boase and the Books are My Bag Readers Award. This adventure book is the first in a series of four books with other titles including Shadowsea, Skycircus and Moonlocket. Cogheart has been chosen for the children in Study Zone for its beautiful language and gripping plot which will support the children's comprehension skills.



# WEEK 3

W/C: 17/11/2025, 08/12/2025, 19/01/2026, 09/02/2026, 02/03/2026, 23/03/2026

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>HOT DISHES</b>					
<b>OPTION 1</b>	Cheese and Tomato Pizza with Potato Wedges  	Beef Meatballs in Tomato Sauce with Wholewheat Pasta 	Roast Gammon with Mashed Potatoes and Gravy 	Chicken and Sweetcorn Pasta Bake 	Battered Pollock with Chips 
<b>OPTION 2</b>	Veggie Meat Feast Pizza with Potato Wedges  	Veggie Meatballs in Tomato Sauce with Wholegrain Pasta  	Quorn Roast with Mashed Potato and Gravy  	Macaroni Cheese  	Veggie Fingers with Chips  
<b>OPTION 3</b>	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta  	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta  	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta  	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta  	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta  
HOT DISHES ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD					
<b>DELI DISHES</b>					
<b>OPTION 4</b>	Cheese and Tomato Wrap  	Tuna Wrap 	Ham Wrap 	Cheese and Tomato Wrap  	Ham Wrap 
<b>OPTION 5</b>	Egg Mayonnaise Sandwich  	Ham Sandwich 	Cheese Sandwich  	Tuna Mayonnaise Sandwich 	Cheese Sandwich  
DELI DISHES ARE SERVED WITH MIXED SALAD					
<b>DESSERT</b>	Chocolate Marble Cake  	Orange Glazed Sticky Sponge Cake with Custard  	Lemon Cookie  	Crunchy Chocolate Mousse  	Fruits of the Forest Jelly  



## BAKED POTATOES SERVED DAILY

With a choice of toppings  



## AVAILABLE DAILY

Fresh fruit, salad, yoghurt and water

Menu\_191\_06930

# WEEK 1

W/C: 03/11/2025, 24/11/2025, 15/12/2025, 05/01/2026, 26/01/2026, 09/02/2026, 30/03/2026

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT DISHES	OPTION 1 Cheese and Tomato Pizza with Potato Wedges ①	Beef Bolognese with Wholewheat Pasta ② ③	Roast Chicken with Roast Potatoes and Gravy	Chicken and Vegetable Pie with Mashed Potatoes and Gravy	Southern Fried Chicken with Chips
	④	④	④	④	④
	OPTION 2 BBQ Vegetable Wrap with Potato Wedges ② ③	Vegetarian Bolognese with Wholewheat Pasta ② ③ ④	Roast Onion with Roast Potatoes and Gravy	Cheesy Vegetable Hotpot ①	Quorn Dippers with Chips ②
OPTION 3	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta ①	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta ①	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta ①	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta ①	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta ①
	④	④	④	④	④
	④	④	④	④	④

HOT DISHES ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
DELI DISHES	OPTION 4 Cheese and Tomato Wrap ①	Tuna Wrap ④	Ham Wrap ④	Cheese and Tomato Wrap ①	Ham Wrap ④
	④	④	④	④	④
OPTION 5	Egg Mayonnaise Sandwich ①	Ham Sandwich ④	Cheese Sandwich ①	Tuna Mayonnaise Sandwich ④	Cheese Sandwich ①
	④	④	④	④	④

DELI DISHES ARE SERVED WITH MIXED SALAD

DESSERT	Crunchy Apple Slice ⑥	Strawberry Shortcake Mousse ⑦	Oat Cookies ⑧	Apple Crumble with Custard ⑨	Berry Blondie ⑩
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BAKED POTATOES SERVED DAILY

Monday to Friday



Monday to Friday, except for Friday

① Vegetarian ② Vegan ③ Oily Fish ④ Wholegrain ⑤ Fruity! ⑥ Nutritional's Choice

⑦ Baked Potato ⑧ Oatmeal ⑨ Custard ⑩ Biscuit

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT DISHES	OPTION 1 Macaroni Cheese ①	Pork Sausages with Mashed Potatoes and Gravy	Roast Chicken with Roast Potatoes and Gravy	BBQ Chicken with Rainbow Rice	Battered Pollock with Chips ①
	④	④	④	④	④
	OPTION 2 Veggie Burrito with Wholegrain Rice ② ③ ④	Vegetarian Sausage with Mashed Potatoes and Gravy ①	Veggie Shepherd's Pie with Gravy ② ③ ④	Cheese and Tomato Pizza with Garlic Bread or Pasta Salad ①	Veggie Fingers with Chips ①
OPTION 3	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta ①	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta ①	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta ①	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta ①	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta ①
	④	④	④	④	④
	④	④	④	④	④

HOT DISHES ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
DELI DISHES	OPTION 4 Cheese and Tomato Wrap ①	Tuna Wrap ④	Ham Wrap ④	Cheese and Tomato Wrap ①	Ham Wrap ④
	④	④	④	④	④
OPTION 5	Egg Mayonnaise Sandwich ①	Ham Sandwich ④	Cheese Sandwich ①	Tuna Mayonnaise Sandwich ④	Cheese Sandwich ①
	④	④	④	④	④

DELI DISHES ARE SERVED WITH MIXED SALAD

DESSERT	Chocolate Caramel Crunch ⑥	Flapjack ⑦	Chocolate Brownie ⑧	Apple and Golden Syrup Sponge with Custard ⑨	Chocolate Cookie ⑩
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BAKED POTATOES SERVED DAILY

Monday to Friday



AVAILABLE DAILY

Monday to Friday, except for Friday