



Newsletter

Friday 23rd January 2026

Sithney CP School, Crows Nest, Helston, Cornwall, TR13 0AE **Phone:** 01326 572910

Email Secretary: sithneysecretary@croftymat.org

Email Head: sithneyhead@croftymat.org

UNIFORM

During the wet weather please make sure children are wearing waterproof coats and sensible school shoes.

PE kits with trainers to be worn on PE days only and Full school Uniform on all other days.

NSPCC NUMBER DAY

We will be taking part in *Dress up for Digits*. Pupils are asked to wear an item of clothing with a number on it (sports top, football, rugby, netball, hockey shirt or cap). Or get even more creative and become a human calculator, dice or domino by dressing in a maths or numbers theme. To help raise money for the NSPCC, we are asking for donations of £1.00, and we'd love everyone in the school to take part in this special event.

JOB VACANCIES

Parc Eglos Primary School

Teaching Assistant

Maternity Open Ended Fixed Term Contract Start Date: ASAP Closing Date: Friday 20th

February 2026 Working Hours

08:45 – 12:00 / 12:30 – 15:15 Monday – Friday 38 working weeks

For more information please visit: <https://croftymat.org/work-for-crofty/current-vacancies/>

Attendance—Week Ending Friday 9 January 2026

Busy Zone 96.43%

Wonder Zone 92.44%

Smart Zone 97.47%

Study Zone 96.49%

Whole School 98.83%

(**School Attendance Target: 97%)



Badges



Reading Roll of Honour

Jacca, Lamorna, Aurora, Jenny, Thomas, Grace, Odin, Lydia, Finley, Millie, Tuva, Ethan, Elowen, Arthur, Bryer, NoahSt, Evie, Amelia, Charlie, Star, Samuel, Essie, Thomas H, Jacob, Sebby, Finley.



Word of the Week **Wonder Zone:** Soared - 'to fly up high into the sky. The aeroplane soared into the sky.

Smart Zone: Flail— Wave or swing wildly The children were flailing their arms in the air like they just didn't care

Study Zone: . Caliginous (adjective: dark, dim, gloomy)

The moon shone through the cracked, stained-glass windows, casting muted colours into the caliginous interior of the long-abandoned chapel.



Diary Dates 2025 / 2026

Thursday 15 January—Reception Vision Checks by School Vision Screener—RCHT
Monday 9 February—Year 1 Hearing Screening
Monday 16 February - Friday 20 February—Half Term
Monday 23 February—Inset Day
Friday 3 April — Friday 17 April—Easter Holidays
Monday 4 May—Bank Holiday
Friday 8 May—Inset Day (Flora Day)
Monday 25 May—Friday 29 May—Half Term
Weds 3 to Friday 5 June 2026—Year 5&6 Residential
Weds 10 June 2026—8.40am to 12.30pm—Y6 Mullion School Y6 transition morning
Friday 19 June—Class Photos with Jo Buckley photography (*please ensure have ticked your Arbor consent for your child to be photographed with their class*)
Monday 22 June—Inset Day
Tuesday 23—Friday 26 June - Year 5 & 6 Bikeability
Weds 1 July 2026—Mullion School Year 6 Transition day
Tuesday 7 & Weds 8 July—Helston College Transition Day—Y6
Thursday 23 July—Inset Day
Friday 24 July—School Summer Holidays commence

**Dates for
the Diary:**

Coastal Crew (selected students only) - Thursday 5 February & Friday 10 July

**Eco Council (selected students only) - Wednesday 14 January,
Wednesday 25 February, Friday 24 April & Friday 5 June**

Cross Country

Tuesday 24th February	Race 4	KS2/Peninsula qualifier	Helston South Site 4pm
Tuesday 3rd March	Peninsula Final	KS2	TBC 4-6pm
March	School Games Final	KS2	Newquay
Tuesday 28th April	Race 5	Reception/KS1 and KS2	Helston North Site 4pm
Tuesday 12th May	Race 6	Reception/KS1 and KS2	Helston South Site - 4pm
Tuesday 9th June	Fun Run	Reception/KS1 and KS2	Mullion 4pm



WELL DONE



TEAM	30/01/26	14.11.25	21.11.25	28.11.25	12.12.25	19.12.25	23.01.26
Killigrew	★	★		★		★	★
Trevithick			★		★		
Bassett							



MATHS WHIZZ

Study Zone Learning Time	Smart Zone Learning Time	Wonder Zone Learning Time
Isobella 79 mins	Starlett 111 min	Bryer 53mins
Sebby 44 mins	Amelia 89 Min	Noah Su 49min
Wynter 39mins	Oscar T 59 min	Noah St 33min

Study Zone Gems	Smart Zone Gems	Wonder Zone Gems
Isobella 10	Evie 12	Millie 7
Elizabeth 5	Amelia 10	Noah St 6
Wynter 5	Noah D 9	Ethan 3

HALL OF FAME

Carey, Noah St, Oliver S, Alex, Wynter, Sebby, Isobella

Arthur T, Charlie T, Emmeliah, Essie, Evie, Grace M, Jago, Noah D, Oscar T, Penny, Rocco, Ruben R, Samuel, Starlett, Thomas L,



Pop up Food Hub

See our Facebook Page

Helston

Pre-Order Only – payment on the day

Last order 4 days prior to event

To guarantee your bundle please contact

Debbie on 07880 835 331

For £30, which helps to keep the charity running, you will receive a trolley load containing:

- Tea or coffee
- Pasta or rice
- A selection of tins and cereal
- Bag/box of Crisps
- A box of pasties or pies
- A bag of frozen items
- A bag of fresh fruit/veg
- A bag of household toiletries
- Bread/rolls/cakes
- Pet Food
- Other extra items as available



**All welcome. No referral needed
We look forward to seeing you there**

Remember to bring a trolley or plenty of strong bags

Saturday 21st February 10:00 – 11:00

Please use the link to book or scan the QR code

<https://forms.office.com/e/MgmBfCGVaw>

Devon & Cornwall Food Action
PRE-ORDER Form





BAG 2 SCHOOL



Our next Bag2School collection
has been arranged for
Thursday 26th February

Any questions – please ask your school
collection organiser **Catherine**



FEBRUARY 2026 Timetable

All sessions delivered live online via zoom. 90 minutes long

£24 each or FREE with School Membership

Book online at facefamilyadvice.co.uk

Recordings available for 48 hours (excluding Free Talk)

Autism - Improving Communication	2 Feb 10am
Improving Family Communication	2 Feb 7pm
Supporting A Child with ADHD	3 Feb 10am
Understanding Addictive Behaviour	3 Feb 7pm
Anxiety Based School Avoidance	9 Feb 10am
Anxiety Explained	16 Feb 10am
Cannabis and Ketamine Awareness	16 Feb 7pm
What is ACT?	17 Feb 10am
Introduction to OCD	17 Feb 7pm
FREE - Reducing the Harm from Screens	19 Feb 7-8pm
Understanding the Teenage Brain	23 Feb 10am
Raising Self-Esteem	23 Feb 7pm
Decreasing Depression	24 Feb 10am
Supporting Healthy Sleep	24 Feb 7pm
Understanding Anger	9 Mar 7pm
Facing Defiance	10 Mar 7pm

Important

Number
Day 2026



**We're celebrating
Number Day
on Friday 6th February!
We encourage our students
to wear an outfit with
a number on it!**

Friends of Sithney School

The parents' lottery

Support your school with every ticket



WIN £25,000 and SUPPORT OUR SCHOOL

Various prizes up for grabs each week! Buy your tickets at theparents lottery.org

Choose us on The Parents Lottery list

Each ticket only £1

Play with up to six tickets

Prize draw every Friday

Each ticket supports our school

The Parents Lottery is a weekly lottery promoted by Parentkind Enterprises Ltd (PEL Company no: 3884281), a wholly owned subsidiary of Parentkind. It is run under our remote operating licence (Licence no: 057904). The Parents Lottery is strictly 18+ only. Playing a lottery is a form of gambling. If you, or someone you know, needs information and/or help with a problem gambling, please call the National Gambling Helpline on 0808 8020 133.

GambleAware GAMBLING COMMISSION 

Parenkind

The parents' lottery

WEEK 3

W/C: 17/11/2025, 08/12/2025, 19/01/2026, 09/02/2026, 02/03/2026, 23/03/2026

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT DISHES					
OPTION 1	Cheese and Tomato Pizza with Potato Wedges 	Beef Meatballs in Tomato Sauce with Wholewheat Pasta 	Roast Gammon with Mashed Potatoes and Gravy	Chicken and Sweetcorn Pasta Bake	Battered Pollock with Chips
OPTION 2	Veggie Meat Feast Pizza with Potato Wedges 	Veggie Meatballs in Tomato Sauce with Wholegrain Pasta 	Quorn Roast with Mashed Potato and Gravy 	Macaroni Cheese 	Veggie Fingers with Chips 
OPTION 3	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta 	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta 	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta 	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta 	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta 

HOT DISHES ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD

DELI DISHES					
OPTION 4	Cheese and Tomato Wrap 	Tuna Wrap	Ham Wrap	Cheese and Tomato Wrap 	Ham Wrap
OPTION 5	Egg Mayonnaise Sandwich 	Ham Sandwich	Cheese Sandwich 	Tuna Mayonnaise Sandwich	Cheese Sandwich 

DELI DISHES ARE SERVED WITH MIXED SALAD

DESSERT	Chocolate Marble Cake 	Orange Glazed Sticky Sponge Cake with Custard 	Lemon Cookie 	Crunchy Chocolate Mousse 	Fruits of the Forest Jelly 
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BAKED POTATOES SERVED DAILY

With a choice of toppings 



AVAILABLE DAILY

Fresh fruit, salad, yoghurt and water

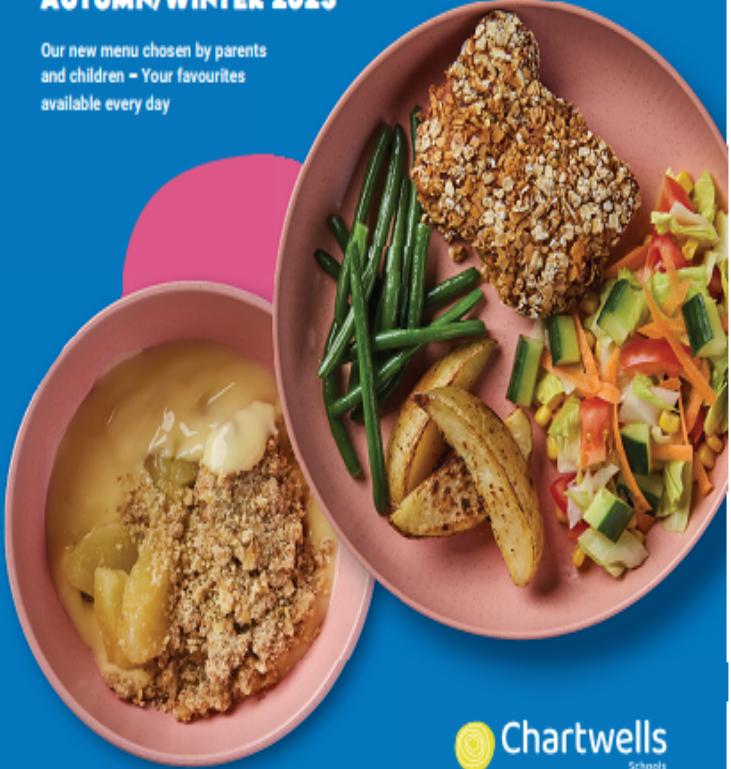
 Vegetarian  Vegan  Oily Fish  Wholegrain  Fruity  Nutritionist's Choice

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.

THREE WEEK MENU

AUTUMN/WINTER 2025

Our new menu chosen by parents and children – Your favourites available every day



 **Chartwells**
Schools

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.

WEEK 1

W/C: 03/11/2025, 24/11/2025, 15/12/2025, 05/01/2026, 26/01/2026, 09/02/2026, 30/03/2026

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT DISHES	OPTION 1 Cheese and Tomato Pizza with Potato Wedges ①	Beef Bolognese with Wholewheat Pasta ② ③	Roast Chicken with Roast Potatoes and Gravy	Chicken and Vegetable Pie with Mashed Potatoes and Gravy	Southern Fried Chicken with Chips
	④	④	④	④	④
	OPTION 2 BBQ Vegetable Wrap with Potato Wedges ② ③	Vegetarian Bolognese with Wholewheat Pasta ② ③ ④	Roast Onion with Roast Potatoes and Gravy	Cheesy Vegetable Hotpot ①	Quorn Dippers with Chips ②
OPTION 3	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta ①	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta ①	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta ①	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta ①	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta ①
	④	④	④	④	④
	④	④	④	④	④

HOT DISHES ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
DELI DISHES	OPTION 4 Cheese and Tomato Wrap ①	Tuna Wrap ④	Ham Wrap ④	Cheese and Tomato Wrap ①	Ham Wrap ④
	④	④	④	④	④
OPTION 5	Egg Mayonnaise Sandwich ①	Ham Sandwich ④	Cheese Sandwich ①	Tuna Mayonnaise Sandwich ④	Cheese Sandwich ①
	④	④	④	④	④

DELI DISHES ARE SERVED WITH MIXED SALAD

DESSERT	Crunchy Apple Slice ⑥	Strawberry Shortcake Mousse ⑦	Oat Cookies ⑧	Apple Crumble with Custard ⑨	Berry Blondie ⑩
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BAKED POTATOES SERVED DAILY

Monday to Friday



Monday to Friday, except for Friday

① Vegetarian ② Vegan ③ Oily Fish ④ Wholegrain ⑤ Fruity! ⑥ Nutritional's Choice

⑦ Baked Potato ⑧ Oatmeal ⑨ Custard ⑩ Biscuit

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT DISHES	OPTION 1 Macaroni Cheese ①	Pork Sausages with Mashed Potatoes and Gravy	Roast Chicken with Roast Potatoes and Gravy	BBQ Chicken with Rainbow Rice	Battered Pollock with Chips ①
	④	④	④	④	④
	OPTION 2 Veggie Burrito with Wholegrain Rice ② ③ ④	Vegetarian Sausage with Mashed Potatoes and Gravy ①	Veggie Shepherd's Pie with Gravy ② ③ ④	Cheese and Tomato Pizza with Garlic Bread or Pasta Salad ①	Veggie Fingers with Chips ①
OPTION 3	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta ①	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta ①	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta ①	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta ①	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta ①
	④	④	④	④	④
	④	④	④	④	④

HOT DISHES ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
DELI DISHES	OPTION 4 Cheese and Tomato Wrap ①	Tuna Wrap ④	Ham Wrap ④	Cheese and Tomato Wrap ①	Ham Wrap ④
	④	④	④	④	④
OPTION 5	Egg Mayonnaise Sandwich ①	Ham Sandwich ④	Cheese Sandwich ①	Tuna Mayonnaise Sandwich ④	Cheese Sandwich ①
	④	④	④	④	④

DELI DISHES ARE SERVED WITH MIXED SALAD

DESSERT	Chocolate Caramel Crunch ⑥	Flapjack ⑦	Chocolate Brownie ⑧	Apple and Golden Syrup Sponge with Custard ⑨	Chocolate Cookie ⑩
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BAKED POTATOES SERVED DAILY

Monday to Friday



AVAILABLE DAILY

Monday to Friday, except for Friday