

WEEK 3

NUTRITIOUS

THREE WEEK MENU

AUTUMN/WINTER 2026

Our new menu chosen by parents and children – Your favourites available every day



Chartwells
Schools

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
OPTION 1	Red Pepper and Nut-Free Pesto Spaghetti	Chinese Vegetable Noodles	Quorn Roast with Roast Potatoes, Yorkshire Pudding and Gravy	Macaroni Cheese	Quorn Dippers with Chips
OPTION 2	Cheese and Tomato Pizza with Nut-Free Pesto Pasta	Homemade Sausage Roll with Herby Diced Potatoes	Roast Chicken with Roast Potatoes, Yorkshire Pudding and Gravy	Beef Bolognese with Pasta	Fish Fingers or Chicken Goujons with Chips
OPTION 3	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta
HOT DISHES ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD					
OPTION 4	Ham Sandwich	Cheese Sandwich	Chicken Sandwich	Cheese Wrap	Egg Sandwich
OPTION 5	Egg Mayonnaise Sandwich	Ham Wrap	Cheese Wrap	Tuna Mayonnaise Sandwich	Cheese and Cucumber Wrap
DELI DISHES ARE SERVED WITH MIXED SALAD					
DESSERT	Oat Cookie with fresh fruit slices	Vanilla Ice Cream	Banoffee Pie	Chocolate Sponge with Chocolate Custard	Chocolate Cookie - with Fruit Slices

AVAILABLE DAILY



FRESH FRUIT, SALAD, YOGHURT AND WATER



BAKED POTATOES
With a choice of topping

- Vegetarian
- Vegan
- Oily Fish
- Fruity!
- Wholegrain
- Nutritionist's Choice
- Halal Available

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W/C: 16/11/2026, 07/12/2026, 18/01/2027, 08/02/2027, 01/03/2027, 22/03/2027
Menu_217_027382

WEEK 1

FRESH!

WEEK 2

HOT DISHES

TASTY

DELI DISHES

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
OPTION 1	Cheese and Tomato Pizza with Nut-Free Pesto Pasta 🌱 🌱	Bean and Cheese Pastry Turnover with Herby Diced Potatoes 🌱	Sweet Potato and Chickpea Roast with Stuffing and Gravy 🌱 🌱	Vegan Meatball Baguette with Potato Wedges 🌱	Veggie Fingers with Chips 🌱
OPTION 2	BBQ Wrap with Rice 🌱 🌱	Pork Meatball Sub with Herby Diced Potatoes	Roast Chicken with Roast Potatoes, Stuffing and Gravy	Lasagne with a Garlic Doughball 🌱 🌱	Fish Fingers or Chicken Goujons with Chips
OPTION 3	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta 🌱	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta 🌱	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta 🌱	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta 🌱	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta 🌱
HOT DISHES ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD					
OPTION 4	Ham Sandwich	Cheese Sandwich 🌱	Chicken Sandwich	Cheese Wrap 🌱	Egg Sandwich 🌱
OPTION 5	Egg Mayonnaise Sandwich 🌱	Ham Wrap	Cheese Wrap 🌱	Tuna Mayonnaise Sandwich	Cheese and Cucumber Wrap 🌱
DELI DISHES ARE SERVED WITH MIXED SALAD					
DESSERT	Lemon Cookie 🌱	Chocolate Ice Cream	Apple Crumble with Custard 🌱 🌱	Chocolate Marble Cake 🌱	Chocolate Crisps with Fruit 🌱

HOT DISHES

DELI DISHES

FRUITY!

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
OPTION 1	Cheese and Tomato Pizza with Nut-Free Pesto Pasta 🌱 🌱	Chinese Vegetable Rice 🌱 🌱	Quorn Roast with Potatoes, Yorkshire Pudding and Gravy 🌱	Vegetable Korma with Rice 🌱 🌱	Quorn Dippers with Chips 🌱
OPTION 2	Spicy Tomato Pasta Bake with Garlic Doughball 🌱	Cheeseburger with Herby Diced Potatoes	Roast Pork with Potatoes, Yorkshire Pudding and Gravy 🌱	Chicken and Sweetcorn Pie with Mashed Potato	Fish Fingers or Chicken Goujons with Chips
OPTION 3	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta 🌱	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta 🌱	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta 🌱	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta 🌱	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta 🌱
HOT DISHES ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD					
OPTION 4	Ham Sandwich	Cheese Sandwich 🌱	Ham Sandwich	Cheese Wrap 🌱	Egg Sandwich 🌱
OPTION 5	Egg Mayonnaise Sandwich 🌱	Ham Wrap	Cheese Wrap 🌱	Tuna and Sweetcorn Wrap	Cheese and Cucumber Wrap 🌱
DELI DISHES ARE SERVED WITH MIXED SALAD					
DESSERT	Chocolate Cookie 🌱 🌱 🌱	Strawberry Ice Cream	Cornflake Tart with Fruit	Chocolate Fudge Cake	Ginger Biscuit with Fruit 🌱

AVAILABLE DAILY



FRESH FRUIT, SALAD, YOGHURT AND WATER



BAKED POTATOES With a choice of topping 🌱 🌱

🌱 Vegetarian 🌱 Vegan 🐟 Oily Fish 🍏 Fruity! 🌾 Wholegrain
 🌱 Nutritionist's Choice 🌱 Halal Available

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.

W/C: 02/11/2026, 23/11/2026, 14/12/2026, 04/01/2027, 25/01/2027, 08/03/2027

AVAILABLE DAILY



FRESH FRUIT, SALAD, YOGHURT AND WATER



BAKED POTATOES With a choice of topping 🌱 🌱

🌱 Vegetarian 🌱 Vegan 🐟 Oily Fish 🍏 Fruity! 🌾 Wholegrain
 🌱 Nutritionist's Choice 🌱 Halal Available

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.

W/C: 09/11/2026, 30/11/2026, 11/01/2027, 01/02/2027, 22/02/2027, 15/03/2027